

One Beer

Count: 48

Wand: 4

Ebene: Phrased Low Intermediate

Choreograf/in: Gail Smith (USA) - January 2020

Musik: ONE BEER (feat. Lauren Alaina & Devin Dawson) - HARDY



INTRO: Starts IMMEDIATELY. There are 2 heartbeats at the beginning. GO!

SEQUENCE: A - A - B - TAG - A - A - B - TAG - B - B - B - TAG (walk around to 12:00)

PART A = 16 Counts

STEP R, TOUCH, STEP 1/4 L, TOUCH, STEP R TOUCH, STEP 1/4 L, TOUCH

1 - 2 Step R to side, Touch L next to R

3 - 4 Turn 1/4 L stepping L fwd, Touch R next to L 9:00

5 - 8 REPEAT steps 1 - 4 6:00

Optional: Finger snaps on the touches.

K-STEP

1 - 2 Step R to fwd R diagonal, Touch L next to R

3 - 4 Step L to back L diagonal, Touch R next to L (center position)

5 - 6 Step R to back R diagonal, Touch L next to R

7 - 8 Step L to fwd L diagonal, Touch R next to L (center position)

Optional: Finger snaps on the touches.

PART B = 32 Counts

STEP R, TOUCH, STEP L, TOUCH, STEP R, TOGETHER, STEP R, TOUCH

1 & 2 & Step R to side, Touch L next to R, Step L to side, Touch R next to L 12:00

3 & 4 & Step R to side, Step L next to R, Step R to side, Touch L next to R

STEP L, TOUCH, STEP R, TOUCH, SHUFFLE 1/4 TURN

5 & 6 & Step L to side, Touch R next to L, Step R to side, Touch L next to R

7 & 8 Shuffle 1/4 turn L stepping L - R - L 9:00

SYNC ROCKING CHAIR, WALK, WALK, SYNC ROCKING CHAIR, CHASE 1/2 TURN

1 & 2 & Rock R fwd, Rec onto L, Rock R back, Rec onto L

3 - 4 Step R fwd, Step L fwd

5 & 6 & Rock R fwd, Rec onto L, Rock R back, Rec onto L

7 & 8 Step R fwd, Pivot 1/2 turn L, Step R fwd 3:00

L SIDE-ROCK-CROSS, R SIDE-ROCK-CROSS, 1/4 BOUNCES, L COASTER STEP

1 & 2 Rock L out to side, Rec onto R, Step L across R

3 & 4 Rock R out to side, Rec onto L Step R across L

5 Raise heels up and Swivel 1/4 turn L, Place heels down 12:00

6 Raise heels up and Swivel 1/4 turn L, Place heels down (WOR) 9:00

7 & 8 Step L back, Step R next to L, Step L fwd

CROSS-ROCK-SIDE-ROCK-BACK-ROCK-SIDE, BACK-ROCK-SIDE-ROCK-CROSS-ROCK-SIDE

1 & 2 & Rock R across L, Rec onto L, Rock R out to side, Rec onto L

3 & 4 Rock R crossed behind L, Rec onto L, Step R slightly to side

5 & 6 & Rock L crossed BEHIND R, Rec onto R, Rock L out to side, Rec onto R

7 & 8 Rock L across R, Rec onto R, Step L slightly to side

******* TAG = 8 Counts. Do a full circle walk around to the LEFT. Starting with R foot and ending on L foot.**

#1 facing 9:00.

#2 facing 6:00.

#3 facing 9:00 go 3/4 to 12:00. Tada!
