

# Long Way From Lonely

**COPPER** **KNOB**  
BY STEPHEN

Count: 24

Wand: 2

Ebene: Improver

Choreograf/in: Kim Nolan (UK) - January 2020

Musik: Long Way from Lonely - John Schneider : (Album: Redneck Rebel - Amazon, iTunes etc. - also from [www.johnschneiderstudios.com](http://www.johnschneiderstudios.com))



## Intro: 32ct (Start on lyrics)

**Rock (fwd, back, fwd) - L Hitch - Rock (fwd, back, fwd) - R Hitch - fwd Rock - recover - Together - Hold/clap**

1&2& Rock R fwd, recover (weight back on L), Rock R fwd, Hitch L knee up

3&4& Rock L fwd, recover, Rock L fwd, Hitch R knee up

5-6 Rock R fwd, recover

7-8 Step R together next to L, Hold & clap

**R Sailor step - L Sailor step - Rock back - recover - L Half Pivot**

1&2 (leaning right) Step R behind L, Step L to side, Step R fwd in place

3&4 (leaning left) Step L behind R, Step R to side, Step L fwd in place

5-6 Rock R back, recover

7-8 Step R fwd, Turn half L and step L in place (weight change to L foot) (6:00)

**Syncopated L Weave (\*option: Weave, Hold) - Big Side Rocks L,R,L (and sway arms waist level) - Slide R Together**

1,2,3&4 (1) Cross R over L, (2) Step L to the side, (3) Cross R behind L, (&) Step L to the side, (4) Cross R over L

(\*Option: cts1-4 **Cross R over L, Step L to the side, Cross R behind L, Hold**)

5-8 Big Side Rocks L,R,L (and sway arms waist level), Slide R foot together

## Start again

### Easy 4ct Tag:-

1-2 (1) Big R step back to R diag. (2) Slide L together/clap

3-4 (3) Big L step back to L diag. (4) Slide R together/clap

**End of walls 2 and 4 (1m 4s), (1m 50s)**

**End of wall 6 (2m 24s) dance Tag x 3 times (total 12cts)**

**Restart dance (easy to spot when):-**

**Tip! the 2 Restarts occur after the 2 instrumentals:-**

**during wall 3 after ct8 (1m 13s)**

**during wall 5 after ct16 (the pivot), (2m 5s) you will be facing wall 6**

**Music: "Long Way From Lonely" Artist: John Schneider and album "Redneck Rebel" available from Amazon, iTunes etc. and [www.johnschneiderstudios.com](http://www.johnschneiderstudios.com)**

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**Email: [thekimbodukers@hotmail.co.uk](mailto:thekimbodukers@hotmail.co.uk)**