

Keep On Going

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Thomas Haynes (USA) - January 2020

Musik: If You're Going Through Hell (Before the Devil Even Knows) - Rodney Atkins



TOE TOUCHES FRONT AND SIDE, SAILOR SHUFFLE, TOE TOUCHES FRONT AND SIDE, SAILOR SHUFFLE WITH 1/4 TURN LEFT

- 1-2- Touch right toe forward, touch to right side.
- 3&4- Sweep right behind left, step left to left, step right to right
- 5-6- Touch left toe forward, touch to left side.
- 7&8- Sweep left behind right, turning 1/4 turn left, step right to right, step left to left.

ROCKING CHAIR, WALK FORWARD, SHUFFLE FORWARD

- 1-2- Rock forward on right, recover on left.
- 3-4- Rock back on right, recover on left.
- 5-6- Walk forward right, left
- 7&8- Shuffle forward RLR

1/4 PIVOT TURN RIGHT (TWICE) SHUFFLE FORWARD, ROCK STEP

- 1-2- Step ball of left forward, pivot 1/4 turn right.
- 3-4- Step ball of left forward, pivot 1/4 turn right.
- 5&6- Shuffle forward LRL
- 7-8- Rock forward right, recover left.

SIDE ROCK, BEHIND CROSS, SIDE ROCK BEHIND, STEP TURNING 1/4 TURN RIGHT, STEP LEFT.

- 1-2- Rock right to right side, recover on left.
- 3&4- Step right behind left, side step left, cross right in front left.
- 5-6- Rock left to left side, recover right.
- 7&8- Step left behind right, Step right to right turning 1/4 turn right, step left to left side.

START AGAIN...
