

7 Rings

Count: 16

Wand: 4

Ebene: Improver

Choreograf/in: Kim Kyung Jo (KOR) - December 2019

Musik: 7 rings - Ariana Grande



Intro: 16 count

SIDE, BACK, SIDE, RECOVER, BACK, SIDE, RECOVER, SWEEP, BEHIND, BACK CROSS, SIDE, CROSS, SWEEP, CROSS POINT

1, 2 & a R side(1), L behind(2), R side(&), L recover(a)
3 a 4 R behind(3), L side(a), R recover(4)
5, 6 & a L back R sweep(5), R behind(6), L side(&), R cross(a)
7 a 8 L sweep(7), L cross(a), R side point(8)

JAZZ BOX 1/4 RIGHT, VINE STEPS, SIDE, FLICK, 1/4 L TURN FORWARD, FLICK, SIDE, FLICK, 1/4 L TURN FORWARD, FLICK

1, 2 & a R cross(1) , 1/4 right L back(2), R side(&), R cross(a) (3:00)
3, 4 & a L side(3), R behind(4), L side(&), R cross(a)
5 a 6 a R side(5), L flick(a), 1/4 L side(6), R flick(a) (12:00)
7 a 8 a R side(7), L flick(a), 1/4 L side(8), R flick(a) (12:00)

REPEAT DANCE

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