

Mother's Heart

COPPER **NOB**
BY STEPHEN HETS

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Dee Musk (UK) - November 2019

Musik: Mother's Heart - Stefanie Heinzmann : (Album: All We Need Is Love.)



#16 Count Intro. Approx 10 secs – Start on Vocals. Track approx 3 mins 24 secs.

Track available from [iTunes.co.uk](https://www.itunes.co.uk)

Walk R, Walk L, R Anchor Step, Back Touch, Back Touch, Out, Out, In, In.

- 1,2 Walk forward R, walk forward L.
- 3&4 Step R behind L rocking back, recover weight to L, rock back on R.
- 5&6& Step back on L, touch R beside L, step back on R, touch L beside R.
- 7&8& Step out L, step out R, step in L, step in R. (Weight on R).(12 o'clock).

L Dorothy Step, R Dorothy Step, L Rocking Chair, Rock, Recover, ¼ Turn L, Together.

- 1,2,& Step L forward, cross step R behind L, step L forward.
- 3,4& Step R forward, cross step L behind R, step R forward.
- 5&6& Rock forward on L, recover weight to R, rock back on L, recover weight to R.
- 7&8& Rock forward on L, recover weight to R, make ¼ turn L stepping L to L side, *R*step R beside L. (9 o'clock).

****Restart During wall 8 – dance to count 8 then touch R beside L. Begin again facing 12 o'clock.**

Side, Cross, Rock, Recover, Cross, Hinge ½ Turn L, Cross, Rock, ¼ Turn R.

- 1,2 Step L to L side, cross R over L.
- 3&4 Rock L to L side, recover weight to R, cross L over R.
- 5,6 Make ¼ turn L stepping back on R, make ¼ turn L stepping L to L side.
- 7&8 Cross rock R over L, recover weight to L, make ¼ turn R stepping forward on R. (6 o'clock).

Full Turn R, Ball Step ¾ Turn L, Side, Together, Side L Heel Twist, Recover R Heel Twist, Recover, Together.

- 1,2 Full turn R travelling forward stepping back on L, forward on R.
- &3,4 Step L beside R, step forward on R making a ¾ turn L.
- 5& Step R to R side, step L beside R.
- 6& Step R to R side, twist L heel in towards R.
- 7& Twist L heel back to centre, twist R heel in towards L.
- 8& Twist R heel back to centre, step L beside R. (9 o'clock).

Tag end of wall 3, begin again facing 3 o'clock.

Step, Mambo Step, Back, Together.

- 1,2&3 Step forward on R, rock forward on L, recover weight to R, step back on L.
- 4& Step back on R, step L beside R.

****Restart with step change during wall 8 – dance to count 8 of section 2 - then touch R beside L – begin again facing 12 o'clock.**

Have fun

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