

Lock Roamin'

Count: 32

Wand: 4

Ebene: Absolute Beginner

Choreograf/in: Sharon Brizon (UK) - 2008

Musik: Islands in the Stream - Dolly Parton & Kenny Rogers



(or any track with a 4/4 beat)

(choreographed to introduce Absolute Beginners to Lock Steps & Cha Cha Chas)

Intro: 16 counts

RIGHT LOCK STEP, SCUFF, CHA CHA LEFT, CHA CHA RIGHT

- 1-2 Step forward diagonally right. Lock left behind right.
- 3-4 Step diagonally right. Scuff left heel.
- 5&6 Cha Cha on the spot – left, right, left
- 7&8 Cha Cha on the spot – right, left, right

LEFT LOCK STEP, SCUFF, CHA CHA RIGHT, CHA CHA LEFT

- 1-2 Step forward diagonally left. Lock right behind left.
- 3-4 Step diagonally left. Scuff right heel.
- 5&6 Cha Cha on the spot – right, left, right
- 7&8 Cha Cha on the spot – left, right, left

BACKWARD TOE STRUTS x 4

- 1-2 Touch right toe back. Drop right heel to floor (weight on to right foot).
- 3-4 Touch left toe back. Drop left heel to floor (weight on to left foot).
- 5-6 Touch right toe back. Drop right heel to floor (weight on to right foot).
- 7-8 Touch left toe back. Drop left heel to floor (weight on to left foot).

TAP, TAP, CHA CHA RIGHT, TAP, TAP, CHA CHA LEFT ¼ TURN

- 1-2 Tap right toe forward. Tap right toe to right side.
- 3&4 Cha Cha on the spot – right, left, right.
- 5-6 Tap left toe forward. Tap left toe to left side.
- 7&8 Cha Cha on the spot, making ¼ turn left – left, right, left.

REPEAT
