

Flik Flak

Count: 64

Wand: 2

Ebene: Beginner

Choreograf/in: Gabi Ibáñez (ES) - May 2018

Musik: Freak Flag - Alex Williams



intro in count: 64

[1-8] HEEL STRUT(R), HEEL STRUT (L), ROCKING CHAIR (R)

- 1-2 Touch right heel fwd, drop right ball on the floor
- 3-4 Touch left heel fwd, drop left ball on the floor
- 5-6 Rock forward with right, recover onto left
- 7-8 Rock back with right, recover onto left

[9-16] HEEL STRUT(R), HEEL STRUT (L), ROCKING CHAIR (R)

- 1-2 Touch right heel fwd, drop right ball on the floor
- 3-4 Touch left heel fwd, drop left ball on the floor
- 5-6 Rock forward with right, recover onto left
- 7-8 Rock back with right, recover onto left

[17-24] STEP(FWD), HITCH, STEP(BWD), HITCH, STEP(BWD), HITCH, STEP(FWD), SCUFF(R)

- 1-2 Right Step forward, Hitch left knee
- 3-4 Left Step back, Hitch right Knee
- 5-6 Right Step back, hitch left knee
- 7-8 Left Step forward, Scuff right foot

[25-32] JAZZBOX with TOE STRUTS

- 1-2 Cross right toe over left foot, drop right heel
- 3-4 Left toe back, drop left heel
- 5-6 Right toe to right, drop right heel
- 7-8 Left toe forward, drop left heel

Restart: Here, on 3th wall there is RESTART (looking 12h)

[33-40] STEP(R), TOUCH (L), STEP(L), TOUCH (R), STEP(R), SIDE, STEP(R), TOUCH (L)

- 1-2 Right step to right, touch left step next to right
- 3-4 Left step to left, touch right step next to left
- 5-6 Right step to right, Left step next to right
- 7-8 Right step to right, Left step next to right

[41-48] STEP(L), TOUCH (R), STEP(R), TOUCH (L), STEP(L), SIDE, STEP(L), SCUFF(R)

- 1-2 Left step to left, touch right step next to left
- 3-4 Right step to right, touch left step next to right
- 5-6 Left step to left, Right step next to left
- 7-8 Left step to left, Scuff right foot

[49-56] STEP(FWD), HOLD, ¼ TURN to LEFT, HOLD, STEP (FWD), HOLD, ¼ TURN to LEFT, HOLD

- 1-2 Right step forward, Hold
- 3-4 ¼ turn to left, Hold (9h)
- 5-6 Right step forward, Hold
- 7-8 ¼ turn to left, Hold (6h)

[57-64] SWIVETS(L&R), TOE (R), TOGETHER, TOE (L), TOGETHER

- 1-2 Turn toes to left (weight in left heel and in right toe), recover toes in center
- 3-4 Turn toes to right (weight in left toe and in right heel), recover toes in center

5-6 Touch right toe to right, right step together
7-8 Touch left toe to left, left step together

REPEAT

RESTART: The song requires a RESTART in count 32 on 3th wall.

THE END OF DANCE: Looking at 12h we dance until count 32 and we add STOMP right foot forward

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