

BEBAS

Count: 48

Wand: 0

Ebene: Phrased Improver

Choreograf/in: Dessy Iskandar (INA) & Difrenz - November 2019

Musik: Bebas - Iwa K, Sheryl Sheinafia, Maizura & Agatha Pricilla : (official MV)



Sequence : A-B-B-A-B-B-A (16)-A- B-B-B-B

Start on Vocal

Part A

I. Step touch R L, triple step

- 1&2& Step R to side, touch L beside R, step L side, touch R beside L
3&4& Step R to side, close L to R, step R to side, touch L next to R
5&6& Step L to side, touch R beside L, step R to side, touch L beside R
7&8& Step L to side, close R beside L, step L to side, touch R beside L

II. Walk, fwd mambo, ½ turn Left, ½ turn Left, coaster step

- 1-2 Step R fwd, step L fwd
3&4 Rock R fwd, recover on L, step R back
5-6 ½ turn left step L fwd, ½ turn left step R back
7&8 Step L back, close R beside L, step L fwd

III. Skate R L, shuffle to diagonal Right, skate L R, shuffle to diagonal Left

- 1-2 Skate fwd R L
3&4 Step R diagonal fwd, close L to R, step R diagonal fwd
5-6 Skate L R
7&8 Step L diagonal fwd, close R beside L, step L diagonal fwd

IV. Monterey turn, fwd mambo, back mambo, ½ turn Right

- 1&2& Touch R toe side Right, ¼ turn Right step R in place, touch L toe side Left, close L beside R
3&4& Touch R toe side Right, ¼ turn Right step R in place, touch L toe side Left, close L beside R (6.00)
5&6 Rock R fwd, recover on L, step R back
7&8 Rock L back, recover on R, making turn ½ Right, step L beside R (12.00)

Part B

I. Arm wave, side touch, couster step

- 1-4 Snake roll Right arm from R to L
5&6 Point L to side, touch L beside R, point L to side
7&8 Step L back, step R beside L, step L fwd

II. Diagonal rock fwd, paddle turn left

- 1&2 Rock R diagonal fwd, recover on L, step R beside L
3&4 Rock L diagonal fwd, recover on R, step L beside R
5&6& Step R fwd, ¼ turn L recover on L, step R fwd, ¼ turn Left recover on L
7&8 Step R fwd, 1/2 turn Left, close R beside L (12.00)

Enjoy Dance

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