

# You Are The One

**COPPER** **KNOB**  
BY STEPHANIE

Count: 16

Wand: 4

Ebene: Improver NC

Choreograf/in: Ayu Permana (INA) - October 2019

Musik: How Would You Feel by Ed Sheeran



**NO TAG - NO RESTART –**

The dance starts after 16 counts music intro

## **SECTION 1. WALK FORWARD - RECOVER - BACK - BEHIND - SIDE - CROSS - SIDE - RECOVER - CROSS - (2X) 1/4 TURN - CROSS (06.00)**

- 1-2&3 Step R forward - Step/rock L forward - Recover on R - Step L backward  
4&5 Sweep R from front to the back and step behind L - Step L to left side - Cross R over L  
6&7 Step/rock L to left side - Recover on R - Cross L over R  
8&1 Turn 1/4 left, step back on R (9) - Turn.1/4 left, step L to left side (6) - Cross R over L

## **SECTION 2. SIDE - RECOVER - FORWARD - RUN - FORWARD - 1/2 PIVOT TURN - FORWARD - CROSS - FORWARD (03.00)**

- 2&3 Step/rock L to left side - Recover on R, while making 1/8 turn right (7.30) – Step L forward  
4&5 Run forward on R - L - R (7.30)  
**Optional: (4&5) Step R forward - Turn 1/2 right, step bak on L - Turn 1/2 right, step R forward**  
6&7 Step L forward - Turn 1/2 right, step on R (1.30) - Step L forward  
8& Step R across L - Make 1/8 turn right to face (3.00), step L in front of R

**REPEAT**

Enjoy and happy dancing ..

Contact: [permanaayu@yahoo.com](mailto:permanaayu@yahoo.com)