

# Twist and Shout

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Chika Hapsari (INA) & Roosamekto Mamek (INA) - November 2019

Musik: Twist and Shout (feat. Jack Radics & The Taxi Gang) - Chaka Demus & Pliers



**Intro: 32 count - NO TAG, NO RESTART**

## **S1. ROCK FORWARD, RECOVER, BACK LOCK SHUFFLE, BACK ROCK, RECOVER, FORWARD LOCK SHUFFLE**

- 1-2 Rock R forward – Recover on L (12:00)
- 3&4 Step R back – Lock L over R – Step R back
- 5-6 Rock L back – Recover on R
- 7&8 Step L forward – Lock R behind L – Step L forward (12:00)

## **S2. FORWARD, SIDE TOUCH, PADDLE TURN 1/4 LEFT (2X)**

- 1-4 Step R forward (slightly Cross over L) – Touch L to side – Step L forward (slightly Cross over R) – Touch R to side (12:00)
- 5-8 Step R forward – Turn 1/4 left – Step R forward – Turn 1/4 left (6:00)

## **S3. FORWARD LOCK SHUFFLES, ROCKING CHAIR**

- 1&2 Step R forward – Lock L behind R – Step R forward (6:00)
- 3&4 Step L forward – Lock R behind L – Step L forward
- 5-8 Rock R forward – Recover on L – Rock R back – Recover on L (6:00)

## **S4. JAZZ BOX TURN 1/4 RIGHT, TWISTING**

- 1-4 Cross R over L – Turn 1/4 right step L back – Step R to side – Step L together/forward (3:00)
  - 5-8 Twist both heels to right – Twist to left – Twist to right – Twist to left (3:00)
- (while doing this both feet close/together and using balls of foot to twisting, weight on both feet)**

**REPEAT**

**For more info about step sheet & song, please contact:**

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