# Sunrise



Count: 64 Wand: 2 Ebene: Improver

Choreograf/in: Esmeralda van de Pol (NL) - October 2019

Musik: Sunrise - Dolly Style

Intro: 32 counts



## FWD ROCK, COASTER CROSS, SIDE TOUCH, CHASSE R

1-2 Rock RF fwd, Recover weight on LF

3&4 Step RF back, Step LF next to RF, Cross RF over LF

5-6 Step LF to L side, Touch RF next to LF

7&8 Step RF to R side, Step LF next to RF, Step RF to R side

#### CROSS, SIDE, BEHIND-SIDE-CROSS, SIDE ROCK, CROSS SHUFFLE

1-2 Cross LF over RF, Step RF to R side

3&4 Step LF behind RF, Step RF to R side, Cross LF over RF

56 Rock RF to R side, Recover weight on LF

7&8 Cross RF over LF, Step LF to L side, Cross RF over LF

#### WEAVE L, 1/4 TURN R, 1/4 TURN R, L CROSS SHUFFLE

Step LF to L side, Step RF behind LF 1-2 3-4 Step LF to L side, Cross RF over LF

5-6 1/4 turn R-Step LF back, 1/4 turn R-step RF to R side Cross LF over RF, Step RF to R side, Cross LF over RF 7&8

#### SIDE ROCK, CROSs, SIDE, KICKBALL STEP X2

1-2 Rock RF to R side, Recover weight on LF

3-4 Cross RF over LF, Step LF to L side

Kick RF diagonal fwd, Step RF next to LF, Step LF to L side 5&6 7&8 Kick RF diagonal fwd, Step RF next to LF, Step LF to L side

#### CROSS ROCK, CHASSE 1/4 TURN R, PIVOT 1/4 TURN R, L SHUFFLE FWD

1-2 Rock RF across LF, Recover weight on LF

3&4 Step RF to R side, Step LF next to RF, 1/4 turn R-step RF fwd

Step LF fwd, 1/4 turn R-weight on RF 5-6

7&8 Step LF fwd, Step RF next to LF, Step LF fwd

#### WALK FWD, MAMBO FWD, WALK BACK, COASTER STEP

1-2 Step RF fwd, Step LF fwd

3&4 Rock RF fwd, Recover weight on LF, Step RF back

5-6 Step LF back, Step RF back

7&8 Step LF back, Step RF next to LF, Step LF fwd\*\*\*\*restart wall 3

#### ROCKING CHAIR, PIVOT 1/2 TURN L, L SHUFFLE FWD

1-2 Rock RF fwd, Recover weight on LF 3-4 Rock RF back, Recover weight on LF 5-6 Step RF fwd, 1/2 turn L-weight on LF

7&8 Step RF fwd, Step LF next to LF, Sep RF fwd

### CROSS ROCK, SIDE ROCK, BACK SWEEP, BACK ROCK

Rock LF across RF, Recover weight on RF 1-2 3-4 Rock LF to L side, Recover weight on RF

5-6 Step LF back, Sweep RF to back

7-8 Rock Back on RF, Recover weight on LF

Dance With Esmerlada Esmeralda v.d. Pol www.esmeralda-dancers.com info@esmeralda-dancers.com

Last Update - 13 Nov. 2019