

# Lit In The Sticks (P)

COPPER KNOB  
STEPSHEETS

Count: 16

Wand: 0

Ebene: Ultra Beginner / Partner

Choreograf/in: Guy Dubé (CAN) & Nancy Milot (CAN) - October 2019

Musik: Lit in the Sticks - Ryan Langdon



**Start : In Sweetheart position. The steps are the same for the man and the woman.**

**Intro : 16 counts.**

**[1-8] ROCK STEP, RECOVER, COASTER STEP, ROCK STEP, RECOVER, TOGETHER, HEEL, TOGETHER, STOMP**

1-2 Rock step R forward, recover on L

3&4 Step R back, step L together R, step R forward

5-6 Rock step L forward, recover on R

&7 Step L together R, heel R forward

&8 Step R together L, stomp L on the floor forward

**Restart : At the 4th and 8th repetition after 8 counts, restart the dance from the beginning.**

**[9-16] 2X (WALK FWD), KICK-BALL-STEP, 2X (STEP, PIVOT 1/2 TURN L)**

1-2 Walk R,L forward

3&4 Kick R forward, step R together L, step L forward

**\*\*\* On the count 5, let go both R hands and raise both L hands.**

5-6 Step R forward, pivot 1/2 turn to left

7-8 Step R forward, pivot 1/2 turn to left

**\*\*\* On count 8 resume the sweetheart position.**

**HAVE FUN ! - GUY & NANCY**

---