

# Simply Soul Shake

Count: 32

Wand: 2

Ebene: Absolute Beginner

Choreograf/in: Geoff Styles (UK) - September 2019

Musik: Soul Shake - Tommy Castro



**Intro: 80 counts (30 seconds), start on lyrics**

**S1: Diagonally R, together, R, touch & clap, Diagonally L, together, L, touch & clap**

- 1-2 Step diagonally forward right, step left next to right
- 3-4 Step diagonally forward right, touch left next to right & clap
- 5-6 Step diagonally forward left, step right next to left
- 7-8 Step diagonally forward left, touch right next to left & clap

**Option: Do this section with Motown arm movements**

**S2: Step Back Touch & Clap x 4**

- 9-10 Step back on R foot, touch L foot next to R & clap
- 11-12 Step back on L foot, touch R next to L foot & clap
- 13-14 Step back on R foot, touch L next to R foot & clap
- 15-16 Step back on L foot, touch R next to L foot & clap

**S3: Point side R, hitch L, step side R, touch L, point side L, hitch L, step ¼ L brush R**

- 17-18 Point R toe to R side, hitch R knee next to L
- 19-20 Step R foot to R side, touch L foot next to R
- 21-22 Point L toe to L side, hitch L knee next to R
- 23-24 Step L foot ¼ L, brush R foot past L (9 o'clock)

**S4: R rocking chair, step forward R, pivot 1/8 turn L, step forward R, pivot 1/8 turn L**

- 25-26 Rock forward on R foot, recover weight on L
- 27-28 Rock back on R foot, recover weight on L
- 29-32 Step forward on R foot, pivot 1/8 turn L
- 31-32 Step forward on R foot, pivot 1/8 turn L (6 o'clock)

**REPEAT Have fun**

**Last Update - 7 Oct. 2019**