

London Life

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Hayley Wheatley (UK) - June 2019

Musik: London - Hamzaa



Intro: 40 Counts

S1: WALK, WALK, ROCK, FORWARD RECOVER, POINT TO SIDE, KICK BALL, STEP WITH SWEEP ¼ TURN, CROSS, SIDE, ROCK BACK, RECOVER

1-2 Walk forward on RF, Walk fwd on LF, 12:00

3&4 Rock forward onto RF, Recover onto L foot, Point R toe to R side 12:00

5&6 Kick RF fwd, Close RF next to LF, Step fwd on LF while sweeping RF around into a ¼ turn L 9:00

7&8& Cross RF over LF, Step LF to L side, Rock back onto RF, Recover onto LF

CN: Keep the rock step small as the timing is quick 9:00

S2: SIDE STEP, TOUCH, SIDE STEP, TOUCH, LOCK STEP FORWARD, STEP, ¼ TURN CROSS, ¼ TURN, ½ TURN, POINT

1&2& Step RF to R side, Touch L toe beside RF, Step LF to L side, Touch R toe beside LF 9:00

3&4 Step forward on R foot, Lock LF behind RF, Step fwd on R foot 9:00

5&6 Step forward onto L, Pivot ¼ turn R, Cross LF over RF 12:00

7&8 Step Make ¼ turn L stepping back onto RF, Make ½ turn L stepping fwd onto LF, Point R toe to R side 3:00

S3: CROSS, ROCK AND CROSS, SIDE, BEHIND, STEP ¼ TURN, CHASE ½ TURN, ½ TURN, BACK TOGETHER 1/8 TURN

1&2& Cross RF over LF, Rock LF to L side, Recover onto RF, Cross LF over RF 3:00

3&4 Step RF to R side, Step LF behind RF, Make ¼ turn R stepping fwd onto RF 6:00

5&6 Step fwd onto LF, Pivot ½ turn R, Step fwd onto LF 12:00

7-8& Step back on RF making ½ turn L, Make 1/8 turn L stepping back on LF, Close RF beside LF 4.30

S4: FORWARD ROCK 1/8 TURN, RECOVER, COASTER STEP, DIAGONAL ROCK, RECOVER, CLOSE, SWIVEL HEELS, SWIVELHEELS, TOUCH BACK

1-2 Make 1/8 turn L Rocking fwd onto LF, Recover onto RF 3:00

3&4 Step back onto LF, Close RF beside LF, Step fwd onto LF 3:00

5&6 Rock RF to R diagonal, Recover onto LF, Close RF beside LF 3:00

&7-8 Swivel both heels to R, Swivel both heels back to centre, Touch R toe back 3:00