## Gonna Shake Shake Shake

Count: 32
Wand: 4
Ebene: Easy Beginner
Choreograf/in: Liz Atkinson (USA) - September 2019
Musik: Shake It Off - Taylor Swift

## NO RESTARTS!

*Tag: There is an 8-count silence after wall 13 (9:00). Strike a pose and hold it for a bit of whimsy.

## S1: R LINDY, STEP, TOUCH, STEP, TOUCH

| $1 \& 2,3,4$ | Step RF to $R$ side, step $L F$ together, step $R F$ to $R$ side, rock $L F$ behind $R F$, recover RF |
| :--- | :--- |
| $5,6,7,8$ | Step $L F$ to $L$, touch RF beside $L F$, step $R F$ to $R$, touch $L F$ beside $R F(12: 00)$ |

S2: L LINDY, STEP, TOUCH, STEP, TOUCH
$1 \& 2,3,4 \quad$ Step $L F$ to $L$ side, step RF together, step $L F$ to $L$ side, rock RF behind $L F$, recover LF
$5,6,7,8 \quad$ Step RF to R, touch LF beside RF, step LF to L, touch RF beside LF (12:00)

S3: ROCKING CHAIR, STEP, $1 / 4$ PIVOT L, R HAND ON HIP, L HAND ON HIP
1, 2, 3, 4 Rock RF forward, recover LF, rock RF back, recover LF
5, $6 \quad$ Step RF forward, $1 / 4$ pivot $L$
7, $8 \quad$ Touch RF next to $L F$ and put $R$ hand on $R$ hip, put $L$ hand on $L$ hip (9:00)

S4: HIP BUMP SEQUENCE: DOUBLE R, DOUBLE L, SINGLES R-L-R-L
$1 \& 2,3 \& 4$ (With hands on hips) Bump hips R-L-R, L-R-L
$5,6,7,8 \quad$ (Drop arms and shake wrists and hands) Single hip bumps R-L-R-L (9:00)

## SMILE AND BEGIN AGAIN!

*It is helpful if the instructor can clap or snap during the 8-count silence to help class resume dancing on time.

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