Flower Power

Count: 32

Ebene: Improver

Choreograf/in: Ivonne Verhagen (NL) & Kate Sala (UK) - September 2019

Wand: 4



Intro: 16 counts (start on vocals)

Rock Back (Sit Down), Recover w/Sweep, Jazz box ¼ R, Crossing Samba L, Kick & Step out

- Rock Back on R Dip Down with L Knee Bend (Sit), Recover on L Sweeping R 1-2
- 3&4 Cross R Over L, ¹/₄ Turn R Step Back on L, Step R to R Side (3h)
- 5&6 Cross L Over R, Step R to R Side, Step L Next to R
- 7&8 Kick R forward, step R in place, Step LF out

Hip Right, left, Sailor step (prep), Rolling full turn left,

- 1-2 Bump hips right, Bump hips left
- 3&4 Cross R behind L, step L slightly to the left side, Step R to the right side (Prep for turn)
- 5-6 1/4 turn left & Step L forward, 1/2 turn left & Step R back,
- 7-8 1/4 turn left & step L side, Touch R to L (3h)

Mambo Close, Walk L R, Sailor 1/2 turn, Hip bump

- 1&2 Rock R forward, recover weight on L, step R close to L (push hips back)
- 3-4 Step L forward, Step R forward
- 5&6 1/2 turn left & cross L behind R, step R slightly to the right side, step L forward (9h)
- 7&8 Bump right hip forward, recover on L, step forward on R ***

(WALL 4 STEP CHANGE)

Rock backwards, recover. Lock step, Cross behind, hold, unwind full turn

- Rock L back, Recover on R 1-2
- 3&4 Step L forward, Lock R behind L, Step L forward
- &5-6 RF step side right, LF touch behind RF, Hold
- 7-8 Unwind Full Turn left (weight finish on LF)

***NOTE:

Wall 4 step change (12h) COUNT 7,8 OF 3RD SECTION:

Change count 7&8 into

7.8 rock R forward, recover on L

Have fun for a Flower...

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