

I Feel - Brand New!

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Betty Moses (USA) & Mary Bell (USA) - September 2019

Musik: Brand New - Ben Rector : (Album: Brand New)



Intro: 32 counts

[1-8] Figure 8 Eight Weave

- 1-3 Step R to side, Step L behind R, Step R forward turning 1/4 right (3:00)
- 4-5 Step forward on L, Pivot 1/2 turn over right shoulder (9:00)
- 6-8 Step L to side turning 1/4 R, Step R behind L, Step R forward turning 1/4 left(9:00)

[9-16] Lock Step Forward, Lock Step Forward, Forward Rock/Recover

- 1-3 Step forward R, Lock L behind R, Step forward R
 - 4-6 Step forward L, Lock R behind L, Step forward L
 - 7-8 Rock Forward on R, Recover weight on L
- **RESTART WALLS 2 & 12: Change counts 7-8 to a 1/4 pivot turn left & restart the dance****

[17-24] Step Back, Hitch, Slow Coaster Cross, Step to Side, Touch/Point

- 1-2 Step back R, Hitch L knee hop back on R
- 3-5 Step back on L, Step R next to L, Cross L,
- 6-8 Step R to side, Touch L next to R, Point L to side

[25-32] Jazz Box, Step/Touch, 1/4 Step/Touch

- 1-4 Cross L over R, Step back on R, Step L to side, Touch R next to L
- 5-6 Step R to side, Touch L next to R
- 7-8 Step L to side turning 1/4 left, Touch R next to L (6:00)

RESTART - WALLS 2 and 12: Dance the first 14 counts of the dance as written-change counts 15, 16 to a 1/4 pivot turn left:

Figure 8 Eight Weave

- 1-3 Step R to side, Step L behind R, Step R forward turning 1/4 right
- 4-5 Step forward on L, Pivot 1/2 turn over right shoulder
- 6-8 Step L to side turning 1/4 R, Step R behind L, Step R forward turning 1/4 left

Lock Step Forward, Lock Step Forward, 1/4 Turn Pivot

- 1-3 Step forward R, Lock L behind R, Step forward R
- 4-6 Step forward L, Lock R behind L, Step forward L
- 7-8 Step R forward, Pivot 1/4 turn left & restart the dancer

It's a great day to dance - Enjoy!

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Last Update - 8 Sept. 2019