

Bella Ciao

Count: 32

Wand: 2

Ebene: Beginner

Choreograf/in: Christine Guillemard (FR) - August 2019

Musik: Bella Ciao - Chico & The Gypsies



Intro : 32 counts

S1 : VINE, TOUCH, VINE, TOUCH

1, 2, 3, 4 RF side, LF cross behind RF, RF side, LF touch beside RF
5, 6, 7, 8 LF side, RF cross behind LF, LF side, RF touch beside LF

S2 : COASTER STEP, KICK (X2), COASTER STEP, KICK (X2)

1 & 2 RF back, LF together, RF step forward
3, 4 LF kick, kick
5 & 6 LF back, RF together, LF step forward
7, 8 RF kick, kick

S3 : ROCKING CHAIR, SWAY, SWAY, STEP TURN

1, 2 RF rock forward, recover on LF
3, 4 RF back rock, recover on LF
5, 6 RF beside LF with swinging body to the right, LF in place with swinging body to the left
7, 8 RF step forward, 1/2 turn left pivot, recover weight on LF

S4 : SIDE ROCK, BEHIND SIDE CROSS, (X2)

1, 2 RF rock to the right, recover weight on LF
3 & 4 RF cross behind LF, LF step on left side, RF cross over LF
5, 6 LF rock to the left, recover weight on RF
7&8 LF cross behind RF, RF step on right side, LF cross over RF

Repeat, and please, have fun with this dance I wrote especially for my dear beginner dancers, in order to improve basic steps. (xxguillem@aol.com)
