I'm Outta Salt



Count: 64 Wand: 2 Ebene: Intermediate

Choreograf/in: Suzi Beau (ENG) - July 2019

Musik: Salt - Ava Max



Music: AVA MAX- SALT - The track was given to me to write to and is currently Pre-Release Music available on Ava Max Soundcloud. Written especially for workshop in Somerset, Released only for that purpose.

INTRO - 16 counts

SECTION 1: SIDE BACK ROCK, CHASSE 1/4 STEP 1/2 L SHUFFLE

1,2,3 Step L to L Side, Rock back on R, Recover L

4&5 Step R to R side, Close L to R, Turn ¼ R stepping R forward (3:00)

6.7 Step forward on L, Pivot ½ (9:00) 8&1 Shuffle forward L, Stepping L,R,L

SECTION 2: FORWARD ROCK, SHUFFLE BACK, BACK ROCK, FORWARD SIDE ROCK

2,3 Rock forward on R, Recover L

4&5 Step back on R, close to R, Step back R

6,7 Rock Back on L Recover on R

8&1 Step forward on L, Rock R to R side, Recover L

SECTION 3: POINT FORWARD POINT SIDE, FORWARD SIDE ROCK POINT FORWARD POINT SIDE SAILOR 1/4

2,3 Point R Forward Point Right to the side

4&5 Step forward on R, Rock out to L Side Recover R

6,7 Point L Forward Point L to the side

8&1 Turn ¼ L Stepping behind on L, Step R to R side, Step L to L side (6:00)

SECTION 4: FORWARD ROCK SHUFFLE HALF, CHASSE 1/4 HOLD

2,3 Rock forward on R, Recover L

Shuffle ½ stepping R forward close L to R step R forward (12:00)
Turn ¼ R L to L Side , Close R to L, Step L to Left Side , (3:00)

8 Hold (drag L to R)

SECTION 5: BALL CROSS SIDE BACK , 1/8, BACK SIDE 1/8, FORWARD 1/8 FORWARD SIDE 1/8 COASTER STEP

&1,2,3
Step on ball of R, Cross L over R, Step R to R Side , Turn 1/8 L stepping back on L (1:30)
Step back on R, Step L to Left Side Straighten up to 12:00, Turn 1/8 L Stepping fwd R

(10:30)

6,7 Step forward on L, Turn 1/8 L Stepping R to R side (9:00)

Step back on L, Close R to L, Step Forward on L

Restart here on wall 5, Replace the coaster step with a Sailor ¼ L, last step of the sailor will be count 1 on the dance

SECTION 6: FORWARD ROCK WALK BACK BACK ½ R, STEP PIVOT 1/2

2,3 Rock forward on R, Recover L,

4,5 Walk back R, L

6,7 Turn ½ R Stepping forward on R, Step forward on L (3:00)

8 Pivot ½ R taking weight onto R

SECTION 7: FORWARD TOUCH KICK AND STEP, FORWARD TOUCH KICK AND STEP

1,2 Step forward to L angling body to R diagonal, Touch R by left

3&4	Kick R to R diagonal, Step on ball of R, Step forward on L travelling towards R diagonal
5,6	Step forward on R angling body to L diagonal, Touch L by R
7&8	Kick L to L diagonal, Step on ball of L, Step forward R travelling towards L diagonal

SECTION 8: SIDE HOLD & SIDE TOUCH, 1/4, 1/2 COASTER CROSS

1,2	Step L to L side, Hold (Straightening up to 3:00)
&3,4	Close R to L, Step L to L Side, Touch R by L
5,6	Turn 1/4 R stepping R forward , Turn 1/2 R stepping L back
700	Stan book on D. Class I. to D. Cross D. aver I

7&8 Step back on R, Close L to R, Cross R over L

RESTART WITH STEP CHANGE

Restart on wall 5, Section 5 Replace the coaster step with a Sailor 1/4 L, last step of the sailor will be count 1 on the dance

Special Thanks to Carina for the track suggestion