

Hurt Again

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Magali CHABRET (FR) - July 2019

Musik: Hurt Again - Julia Michaels : (CD: Inner Monologue Part 2)



#16 counts intro

S1 : DOROTHY STEP R, HEEL TOUCH, HOLD, BALL CROSS, ¼ R, CLOSE, POINT

- 1-2& Step Rf diagonally right – lock Lf behind Rf – step Rf to right side
3-4 Touch left heel diagonally left – hold
&5 Step ball of Lf beside Rf – cross Rf over Lf
6-7-8 Turn 1/8 right stepping back on Lf – turn 1/8 right stepping Rf next to Lf – point Lf to left side (3.00)

S2 : ½ L, SWEEP, CROSS, HOLD, SIDE, CROSS, TURNING VINE ¼ L

- 1-2 Turn 1/4 left recovering onto Lf – turn 1/4 left sweeping Rf from back to front (9.00)
3-4 Cross Rf over Lf – hold
&5 Small step Lf to left side – cross Rf over Lf
6-7-8 Step Lf to left side – step Rf behind Lf – turn 1/4 left stepping Lf forward (6.00)

S3 : KICK BALL CROSS, TOE STRUT, BACK ROCK, POINT SIDE, POINT FWD

- 1&2 Kick Rf diagonally right – step ball of Rf beside Lf – cross Lf over Rf
3-4 Step right toes to right side – drop right heel
5-6 Rock back on Lf – recover onto right foot
7-8 Point Lf to left side – point Lf forward

S4 : SIDE, HOLD, TOGETHER, SIDE, TOUCH, ¾ R, BACK ROCK

- 1-2 Step Lf to left side – hold
&3-4 Close Rf next to Lf – step Lf to left side – touch Rf next to Lf
5-6 Turn 1/4 right stepping Rf forward – turn 1/2 right stepping back on Lf (3.00)
7-8 Rock back on Rf – recover onto Lf

TAG after wall 4 (12.00) and wall 9 (3.00) :

DOROTHY STEP R, HEEL TOUCH, HOLD, BALL, JAZZBOX SQUARE

- 1-2& Step Rf diagonally right – lock Lf behind Rf – step Rf to right side
3-4 Touch left heel diagonally left – hold
&5-8 Step ball of Lf beside Rf – cross Rf over Lf – step back on Lf – step Rf to right side – cross Lf over Rf

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr -
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Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.