

# Whiskey For My Nerves

COPPER KNOB  
STEPSHEETS

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Frank Heelan (IRE) - July 2019

Musik: Shot of Glory (Diesel Turbo Remix) - The Washboard Union



---

## Sec.1: Left lock step, side rock cross, ball cross, side rock recover, behind side turn.

- 1&2 Step forward left, lock right behind, forward left.  
3&4 Rock right to right, recover to left, cross right over left.  
&5 Step on ball of left, cross right over left.  
6-7 Rock left to left, recover to right.  
8&1 Step left behind, right to right, Turn  $\frac{1}{4}$  right stepping forward left. (3.00)

## Sec 2: Right kick ball step, side rock back, sailor $\frac{1}{2}$ turn, shuffle $\frac{1}{2}$ turn.

- 2&3 Kick right forward, step down on ball of right, forward left.  
4&5 Rock right to right, recover to left, step right behind.  
6&7 Sweep left around turning  $\frac{1}{2}$  left, recover to right, step left to left.  
8&1 Turn  $\frac{1}{4}$  left stepping right to right, left together, turn  $\frac{1}{4}$  left step back right. (3.00)

## Sec 3: Rock recover step, Monterey $\frac{1}{2}$ turn. point, turn, point. Cross shuffle.

- 2&3 Rock back on left, recover to right, step forward left.  
4&5& Point right, to right side, turn  $\frac{1}{2}$  right stepping right next to left, point left to left side, step left next to right.  
6&7 Point right to side, turn  $\frac{1}{4}$  right, stepping right next to left, point left to left.  
8&1 Cross left over right, step right to right, cross left over right. (12.00)

## Sec 4: Side rock cross, chasse $\frac{1}{4}$ turn, chasse $\frac{1}{2}$ turn, side rock recover.

- 2&3 Rock right to right, recover to left, cross right over left.  
4&5 Step left to left, right together, turn  $\frac{1}{4}$  right step back on left. (3.00)  
6&7 Turn  $\frac{1}{4}$  right stepping right to right, left together, turn  $\frac{1}{4}$  right step forward right.  
8& Rock left to left side, recover to right. (9.00)

Restart and step change on wall 4 dance the first 15 counts step forward right on count 8 and Restart facing 12.00.

The same on wall 6 and Restart facing 6.00

Contact: [heelanjohnl@gmail.com](mailto:heelanjohnl@gmail.com)

---