

# Boggie Woogie Rock 'n Roll (布吉伍吉搖滾樂) (zh)

COPPER KNOB  
STEPSHEETS

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Nina Chen (TW) - 2019年05月

Musik: Dixie Aces - Boggie Woogie Rock 'n Roll (Remix)



**Intro: 16 counts - No Tag ! No Restart !!**

## Sec1: DIAGONAL FWD - TOGETHER , HEEL BOUNCE. (x2)

- 1-4 Step RF fwd to R diagonal - Step LF beside RF, Bounce both heel twice  
5-8 Step LF fwd to L diagonal - Step RF beside LF, Bounce both heel twice  
1-4 右足右斜前踏 - 左足併踏右足旁, 雙腳足跟抬放兩次  
5-8 左足左斜前踏 - 右足併踏左足旁, 雙腳足跟抬放兩次

## Sec2: BACK - KICK. (x4)

- 1-4 Step RF back - Kick LF fwd - Step LF back - Kick RF fwd  
5-8 Step RF back - Kick LF fwd - Step LF back - Kick RF fwd  
1-4 右足後踏 - 左足前踢 - 左足後踏 - 右足前踢  
5-8 右足後踏 - 左足前踢 - 左足後踏 - 右足前踢

## Sec3: CHASSE R, ROCK BACK- RECOVER, SIDE - BEHIND - 1/4 L FWD - HOLD

- 1&2, 3-4 Step RF to R - Step LF beside RF - Step RF to R, Rock LF back - Recover on RF  
5-8 Step LF to L - Step RF behind LF - 1/4 turn L (9:00) step LF fwd - Hold  
1&2, 3-4 右足右踏 - 左足併踏右足旁 - 右足右踏, 左足後下沉 - 重心回右足  
5-8 左足左踏 - 右足後跨 - 左轉1/4 (9:00) 左足前踏 - 候

## Sec4: SKATE - HOLD - SKATE - HOLD, DUCK WALK

- 1-4 Skate RF to R - Hold - Skate LF to L - Hold  
5-8 With knees bent, Swivel RF to R diagonal and swivel L heels to L - Swivel LF to L diagonal and swivel R heels to R - Swivel RF to R diagonal and swivel L heels to L - Swivel LF to L diagonal and swivel R heels to R  
1-4 右足滑冰步至右方 - 候 - 左足滑冰步至左方 - 候  
5-8 膝蓋微彎, 旋轉右足至右斜前踏同時左足跟至左方 - 旋轉左足至左斜前踏同時右足跟至右方 - 旋轉右足至右斜前踏同時左足跟至左方 - 旋轉左足至左斜前踏同時右足跟至右方

## Sec5: FWD - PIVOT 1/4 L - FWD - PIVOT 1/4 L, JAZZ BOX

- 1-4 Step RF fwd - Pivot 1/4 L (6:00) weight on LF - Step RF fwd - Pivot 1/4 L (3:00) weight on LF  
5-8 Cross RF over LF - Step LF back - Step RF to R - Step LF beside RF  
1-4 右足前踏 - 向左踏轉 1/4 (6:00) 重心回左足 - 右足前踏 - 向左踏轉 1/4 (3:00) 重心回左足  
5-8 右足前跨 - 左足後踏 - 右足右踏 - 左足併踏右足旁

## Sec6: SWIVEL TO R - HOLD, SWIVEL TO L - HOLD

- 1-4 Swivel both heels to R - Swivel both toes to R - Swivel both heels to R - Hold (finger)  
5-8 Swivel both toes to L - Swivel both heels to L - Swivel both toes to L - Hold (finger)  
1-4 旋轉雙足跟至右方 - 旋轉雙足尖至右方 - 旋轉雙足跟至右方 - 候 (彈指)  
5-8 旋轉雙足跟至左方 - 旋轉雙足尖至左方 - 旋轉雙足尖至左方 - 候 (彈指)

**Have Fun & Happy Dancing !!!**

Contact Nina Chen : [nina.teach.dance@gmail.com](mailto:nina.teach.dance@gmail.com)

