## Good Vibes Good Life

Count: 48
Wand: 4
Ebene: Phrased Low Intermediate
Choreografin: Hana Ries (USA) - May 2019
Musik: Good Vibes - Chris Janson

Sequence: A A B Tag A B B- A B B B-
\#16 count intro, start dancing on lyrics
(Read: R=right foot, L=left foot)
PART A (16 counts)
VINE RIGHT HEEL JACK CROSS, VINE LEFT HEEL JACK CROSS
1-2 Step $R$ to right, Cross $L$ behind $R$
\&3\&4 Step $R$ to right, Touch $L$ heel diagonally forward, Step $L$ next to $R$, Cross $R$ over $L$
5-6 Step $L$ to left, Cross $R$ behind $L$
\&7\&8 Step $L$ to left, Touch $R$ heel diagonally forward, Step $R$ next to $L$, Cross $L$ over $R$
REVERSE PIVOT ¼ TURN, CROSSING SHUFFLE, STOMP, STOMP, STOMP, TOUCH
1-2 Step $R$ to right, $1 / 4$ Turn left stepping $L$ to left
3\&4 Cross R over L, Step L slightly to left, Cross R over L
5-6-7-8 Stomp L slightly to left, Stomp $R$ slightly to right, Stomp $L$ in place, Touch $R$ toes next to $L$ (9:00)
Option: Add a double clap on counts \&8, OR double stomp on counts \&8
PART B (32 counts)
SIDE SHUFFLES 4X MAKING $3 / 4$ TURN LEFT (COUNTERCLOCKWISE)
1\&2 Step R to right, Step L next to R, Step R to right
3\&4 $\quad 1 / 4$ Turn left stepping $L$ to left, Step $R$ next to $L$, Step $L$ to left
5\&6 $\quad 1 / 4$ Turn left stepping $R$ to right, Step $L$ next to $R$, Step $R$ to right
7\&8 $\quad 1 / 4$ Turn left stepping $L$ to left, Step $R$ next to $L$, Step $L$ to left (3:00)
SWAYS, SIDE SHUFFLE, HEEL, TOES, HEEL, STEP
1-2 Sway hips right, Sway hips left
$3 \& 4$ Step $R$ to right, Step $L$ next to $R$, Step $R$ to right
5-6-7-8 Touch $L$ heel forward, Touch $L$ toes back, Touch $L$ heel forward, Step $L$ to left
Option: Counts 5-6-7 can be done on a diagonal (towards 4:30)
CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR $1 \not 14$ TURN
1-2 Cross $R$ over $L$, Step $L$ to left
3\&4 Step R behind L, Step L to left, Step R next to L
5-6 Cross L over R, Step R to right
$7 \& 8 \quad$ Cross $L$ behind $R$ turning $1 / 4$ left, Step $R$ to right, Step $L$ next to $R$
SHUFFLE FORWARD, MAMBO, COASTER, ROCK/RECOVER ¼ TURN CROSS
1\&2 Step R forward, Step L next to R, Step R forward
3\&4 Rock L forward, Recover to R, Step L back
5\&6 Step R back, Step L next to R, Step R forward
7\&8 Rock L forward, Recover to R turning ¼ right, Cross L over R (3:00)
PART B- (16 COUNTS)
On walls 6 and 10 dance only first 16 counts. On wall 6 continue with part A, on wall 10 add ending (strike a pose)

TAG (8 counts)

STEP TOUCHES 4X MAKING $1 \not 12$ TURN LEFT (COUNTERCLOCKWISE)
1-2 Step $R$ to right, Touch $L$ next to $R$
3-4 Step $L$ to left turning $1 / 8$ left, Touch $R$ next to $L$
5-6 Step $R$ to right turning $1 / 4$ left, Touch $L$ next to $R$
7-8 Step $L$ to left turning $1 / 8$ left, Touch $R$ next to $L$
Note: Don't worry about the exact turns; Simply do 4 alternating step touches starting to your right and keep turning left (counterclockwise) until you are facing the opposite wall ( $1 / 2$ turn).

ENDING: Dance will end during part B- on count 16. Last beat of the song is on count 17.
Strike a pose, you are facing the front wall.

