

# From This Moment

**COPPER** **KNOB**  
BY STEPHEN

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Wiesye Baraoh (INA) - May 2019

Musik: From This Moment (Uptempo Remix) by Shania Twain



Sequence: 32, 28, 32, 24, 32, 32, 16, 32, 32, 24, 32, 32, 24, 32, 32, 24 Ending

## Session 1 : RIGHT LINDY STEP, LEFT LINDY STEP

- 1 & 2 Step R to R side, Step L to next R, Step R to R side
- 3 4 Step L cross behind R, Recover on R
- 5 & 6 Step L to L side, Step R to next L, Step L to L side
- 7 8 Step R cross behind L, Recover on L

## Session 2 : SHUFFLE FORWARD, FORWARD, RECOVER, ½ TURN LEFT SHUFFLE FORWARD, CROSS, RECOVER

- 1 & 2 Step R forward, Step L to next R, Step R forward
- 3 4 Step L Forward, Recover on R
- 5 & 6 ½ turn Left – Step L forward, Step R to next L, Step L forward
- 7 8 Step R cross over L, Recover on L

## Session 3: SIDE, CROSS, SIDE, BEHIND, ¼ TURN RIGHT-FORWARD, FORWARD, ½ TURN RIGHT-FORWARD, SHUFFLE FORWARD

- 1 2 & 3 4 Step R to R side, Step L cross over R, Step R to R side, Step L cross behind R, ¼ turn Right-Step R Forward
- 5 6 Step L Forward, ½ turn Right-Step R Forward
- 7 & 8 Step L forward, Step R to next L, Step L forward

## Session 4: ROCKING CHAIR (2X)

- 1 2 3 4 Step R forward, Recover on L, Step back on R, Recover on L
- 5 6 7 8 Step R forward, Recover on L, Step back on R, Recover on L

Contact: [bwiesye@yahoo.com](mailto:bwiesye@yahoo.com)