# Satisfied



Count: 64 Wand: 2 Ebene: Intermediate

Choreograf/in: Amy Glass (USA) - January 2019

Musik: Satisfied (feat. MAX) - Galantis : (iTunes)



#### #4 Count Intro. Restart wall 4 after 48 counts

[1-8] Walk x2, Side Rock, Cross, Back, ¼ R Side, Shuffle Fwd		
1-2	Walk fwd R, L	
&3	Rock RF to R, Recover weight to LF	
4-5	Cross RF over LF, Step LF back	
6	Step RF to R while turning 1/4 R (3:00)	
7&8	Shuffle Fwd LRL	

#### [9-16] Rock Fwd, Recover, ¼ R, ¼ R, Back w/Sweeps x2, Rock Back Recover Fwd

1-2	Rock RF fwd prepping body to L diagonal, Recover weight on LF while opening body $\frac{1}{4}$ R (6:00)
3-4	Step RF fwd turning 1/4 R, Step LF to L side while turning 1/4 R (12:00)
5-6	Step RF back while sweeping LF front to back, Step LF back while sweeping RF front to back

7-8 Rock RF back, Recover fwd on LF

### [17-24] Hip Bump Fwd, Hip Bump with ½ L, Rock Fwd, Recover, Out Out, R Knee Pop

1&2	Bump R hip fwd, Recover weight on L, Replace weight fwd on RF
3&4	Pivot ½ L (6:00) and bump L hip fwd, Recover weight back on R, Replace weight fwd on LF
5-6	Rock RF fwd, Recover weight back on LF
&7	Step RF out, Step LF out8 Bend R knee popping it in toward the L knee

# [25-32] L Knee Pop, R Flick with 1/4 L, Shuffle Fwd, Rock, Recover, L Coaster

1-2	Bend L knee popping it in toward R knee, Turn ¼ L while stepping fwd L and flicking RF back
	(3:00)
3&4	Shuffle fwd RLR
5-6	Rock LF fwd, Recover weight on RF
7&8	Step back on LF, Close RF next to LF, Step LF fwd

#### [33-40] Heel Grind R & L, R Jazz Box with 1/4 R

1-2&	Press R heel into the floor, Fan toes from L to R, Close RF next to LF
3-4&	Press L heel into the floor, Fan toes from R to L, Close LF next to RF
5-8	Cross RF over LF, Step LF back with ¼ R, Step RF to R, Cross LF over RF (6:00)

# [41-48] Rock R Side, Recover, Behind Side Cross, Rock L Side, Recover, L Sailor ½ L

1-2	Rock RF to R side, Recover weight on LF
3&4	Step RF behind LF, Step LF to L, Cross RF over LF
5-6	Rock LF to L side, Recover weight on RF
7&8	Step LF behind RF turning ¼ L, Step RF to R side turning ¼ L, Step LF fwd (12:00)

\*\*Restart here wall 4 (Facing 6:00)\*\*

[49-56] Switches R/L/R, Close, Step Fwd L, Rock Fwd, Recover ¼ L with Cross, Step Side		
	1&2	Point R toe to R, Close RF next to LF, Point L toe to L
	&3-4	Close LF next to RF, Point R toe to R, Close RF next to LF while gently popping L knee
	5	Step LF fwd
	6&7	Rock RF fwd, Recover ¼ L, Cross RF over LF (9:00)
	8	Step LF to L keeping body angled slightly to R diagonal

# [57-64] Prep L, Recover ¼ R, Rolling Full Turn R, Step Fwd, Knee Pops w/ ½ Turn R, Ball Step

1-2 Rotate upper body ¼ L looking toward 6:00 and pointing RF to R, Recover weight ¼ R

(12:00)

3-4 Turn ½ R stepping LF back , Turn ½ R stepping RF fwd (12:00)

5-7 Step LF fwd, Bounce both heels while turning ½ R &8 Step on the ball of the RF next to LF, Step LF fwd

Contact: amyleeanne@gmail.com