Summer and Sun

Ebene: Improver

Choreograf/in: Tine Hildisch (NOR) - March 2019 Musik: Ankerpils by Pianomannen Glenn

Start dance after intro 32 counts (Music Available on iTunes)

Count: 32

Alt. Music: All I Want To Do Is Make Love To You by Heart. En solskinnsdag by Postgirobygget.

SIDE ROCK - BEHIND - SIDE - CROSS- WALK - WALK-ANCHOR STEP

- 1-2 Step RF out to rigth recover on to left (You can to a heel grind for stayling)
- 3&4 Step RF behind left step LF left step RF over left
- 5-6 Step LF forward- step RF forvard
- 7&8 step back on LF recover to RF- recover on to LF

SWEEP BACK X2 - SAILOR 1/2 TURN- WALK-WALK- SHUFFLE FORWARD

- 1-2 Step back on RF sweep LF from front to back step LF –sweep RF from Front to back
- 3&4 Step RF back while turning ½ rigth –step LF next to RF- step RF forward
- 5-6 Step LF forward step RF forward
- 7&8 Step LF forwar step RF together Step LF forward

ROCK STEP-SHUFFLE ½ TURN-ROCK STEP SHUFFLE ¾ turn

- 1-2 Step forward on RF recover on to LF
- 3&4 Step on to RF while you turn ¼ Rigth -step LF next to RF step RF while you Turn ¼ right
- 5-6 Step LF forward recover on to RF
- 7&8 Step on to LF while you turn ½ left step RF next to LF- step on to LF while Turn ¼ left

SIDE ROCK – BEHIND-SIDE-CROSS-POINT & POINT & HEEL & TOUCH

- 1-2 Step RF to rigth recover to LF
- 3&4 Step RF behind LF step LF to side cross RF over LF
- 5&6& point LF to side step LF next to RF point RF to side step RF next to LF
- 7&8 Touch left heel forward –step LF next to RF Touch RF next to LF





Wand: 4