

Postcards

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Sophie Ruhling (FR) - July 2017

Musik: Postcards - James Blunt



#30 second intro – CW - 2 RESTARTS

(Dance begins on the word "postcards" in the sentence "I'm sending POSTCARDS...")

SECT.1 : WALK R, WALK L, MAMBO STEP R FWD, BACK L, BACK R, MAMBO STEP L BACK

- 1-2 walk R, walk L
- 3&4 mambo R fwd, recover on L, step R back in place
- 5-6 back L, back R
- 7&8 mambo L back, recover on R, step L back in place

SECT.2 : MAMBO TO R SIDE CROSS R OVER L, MAMBO TO L SIDE CROSS L OVER R, STEP 1/2 TURN L, WALK R, STEP 1/2 TURN R, WALK L

- 1&2 mambo R to R side, recover on L, cross R over L
- 3&4 mambo L to L side, recover on R, cross L over R
- 5&6 walk R, 1/2 turn L (weight on L), walk R (6.00)
- 7&8 walk L, 1/2 turn R (weight on R), walk L (12.00)

*Restart here walls 3 (6.00) & 5 (9.00)

SECT.3 : WALK R DIAGONAL, WALK L, SAILOR STEP R, WALK L DIAGONAL, WALK R, SAILOR STEP L

- 1-2 walk R to R diagonal, walk L beside R
- 3&4 cross R behind L, step L to L side, step R to R side
- 5-6 walk L to L diagonal, walk R beside L
- 7&8 cross L behind R, step R to R side, step L to L side

SECT.4 : GRAPEVINE R with 1/4 TURN R, KICK L, STEP L, KICK R, HOOK R, KICK R, FLICK R & SNAP FINGERS

- 1-2 step R to R side, cross L behind R
- 3-4& 1/4 turn R walk R, kick L fwd, step L in place (3.00)
- 5-6 kick R fwd, hook R over L
- 7-8 kick R fwd, flick R and snap fingers

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