

# Moving On

**COPPER** **KNOB**  
BY STEPHENETS

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Sophie Ruhling (FR) - March 2019

Musik: Moving On Never Felt So Good (feat. Chris Carmack) - Nashville Cast



## #16 count intro – CW - 1 RESTART - 1 ENDING

Based on the dance Human After All choreographed by Sophie Ruhling in June 2017 but with 48 counts, 1 Restart and no Tag

### SECT.1 : WALK R, WALK L, MAMBO STEP R FWD, BACK L, BACK R, ANCHOR STEP L

- 1-2 walk R, walk L
- 3&4 mambo step R fwd, recover onto L, step R in place
- 5-6 back L, back R
- 7&8 back L in place with triple step in place L-R-L (weight on L)

### SECT.2 : STEP R, CROSS L BEHIND, TRIPLE STEP TO R SIDE, CROSS ROCK L OVER R, TRIPLE STEP TO L SIDE WITH 1/4 TURN L

- 1-2 step R to R side, cross L behind R
- 3&4 step R to R side, step L beside R, step R to R side
- \*ending here wall 9 (3.00): add 1/4 turn L walk L**
- 5-6 rock step L crossed over R, recover onto R
- 7&8 step L to L side, step R beside L, 1/4 turn L walk L (9.00)

### SECT.3 : SWEEP R FWD STEP R, SWEEP L FWD STEP L, KICK BALL CROSS, 1/4 TURN R STEP R, 1/4 TURN R STEP L, SAILOR STEP R WITH 1/4 TURN R

- 1-2 sweep R fwd and walk R, sweep L fwd and walk L
- 3&4 kick R fwd, step R ball in place, cross L over R
- 5-6 1/4 turn R walk R, 1/4 turn R step L to L side (3.00)
- 7&8 cross R behind L, 1/4 turn R step L to L side, step R to R side (6.00)

### SECT.4 : BIG STEP L TO L SIDE, SLIDE R, COASTER STEP R BACK, TOUCH L, KICK L, TOUCH L, TRIPLE STEP L FWD

- 1-2 big step L to L side, slide R beside L (weight on L)
- 3&4 back R, back L beside R, walk R
- 5&6 touch L beside R, kick L fwd, touch L beside R (weight on R)
- 7&8 walk L, walk R beside L, walk L

**\*Restart here wall 7 (12.00)**

### SECT.5 : MAMBO CROSS R & L, ROCK STEP R FWD, 1/4 TURN R TRIPLE STEP TO R SIDE

- 1&2 mambo R to R side, recover onto L in place, cross R over L
- 3&4 mambo L to L side, recover onto R in place, cross L over R
- 5-6 rock step R fwd, recover on L
- 7&8 1/4 turn R step R to R side, step L beside R, step R to R side (9.00)

### SECT.6 : HIP BUMP FWD L & R, STEP 1/2 TURN R, TRIPLE STEP L FWD

- 1&2 walk L with hip bump L, hip bump R, hip bump L (weight on L)
- 3&4 walk R with hip bump R, hip bump L, hip bump R (weight on R)
- 5-6 walk L, 1/2 turn R (weight on R) (3.00)
- 7&8 walk L, walk R beside L, walk L

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