Leave It Smokin'



Count: 64 Wand: 1 Ebene: Phrased Improver

Choreograf/in: Darria "Lady D" Thomas (USA) - May 2018

Musik: Leave It Smokin' - Tamia



Sequence: A-A-A-B-A-A-B-B

Part A: 32 COUNTS

AI1-81 CHA CHA BASIC. 1/4 TURN SHUFFLE. WALK

1&2, 3-4 Step R fwd, Step L beside R, Step R fwd, Step L fwd, Rock back on R

5&6, 7-8 1/4 Turn Left Stepping L to side, Step R together, Step L to side, Walk fwd R, L

A[9-16] CHA CHA BASIC, 1/2 TURN SHUFFLE, WALK

1&2, 3-4 Step R fwd, Step L beside R, Step R fwd, Step L fwd, Rock back on R

5&6, 7-8

1/4 Turn Left Stepping L to side, Step R together, 1/4 Turn Left Stepping L fwd, Walk fwd R,

A[17-24] CHA CHA BASIC, 1/2 TURN SHUFFLE, WALK

1&2, 3-4 Step R fwd, Step L beside R, Step R fwd, Step L fwd, Rock back on R

5&6, 7-8

1/4 Turn Left Stepping L to side, Step R together, 1/4 Turn Left Stepping L fwd, Walk fwd R,

A[25-32] 1/4 JAZZ BOX WITH SHUFFLE, CROSS ROCK, SHUFFLE

1-2, 3&4 Step R across L, Step L back with 1/4 Turn to R, Step R to side, Step L together, Step R to

side

5-6, 7&8 Step L across R, Rock back on R, Step L to side, Step R together, Step L to side

PART B: 32 COUNTS

5&6, 7&8

B[33-40] BODY ROLLS BACK

Step back on R, Roll weight from hips up to shoulders pressing weight slightly to L, repeat
 Step back on L, Roll weight from hips up to shoulders pressing weight slightly to R, repeat

B[41-48] SAILOR SHUFFLE, 1/4 TURN SAILOR SHUFFLE, SAILOR SHUFFLE, 1/4 TURN SAILOR SHUFFLE [end facing 6 o'clock]

1&2, 3&4 Step R behind L, Step L to side, Step R to side, Step L behind R, Turn 1/4 to L stepping R to side, Step L to side

Step R behind L, Step L to side, Step R to side, Step L behind R, Turn 1/4 to L stepping R to

side, Step L to side

B[49-56] BODY ROLLS BACK

Step back on R, Roll weight from hips up to shoulders pressing weight slightly to L, repeat
 Step back on L, Roll weight from hips up to shoulders pressing weight slightly to R, repeat

B[57-64] SAILOR SHUFFLE, 1/4 TURN SAILOR SHUFFLE, SAILOR SHUFFLE, 1/4 TURN SAILOR SHUFFLE [end facing 12 o'clock]

1&2, 3&4 Step R behind L, Step L to side, Step R to side, Step L behind R, Turn 1/4 to L stepping R to side, Step L to side

5&6, 7&8 Step R behind L, Step L to side, Step R to side, Step L behind R, Turn 1/4 to L stepping R to side, Step L to side

Taught at the NE Soul Line Dance Workshop, May 5, 2018

Step sheet written and Submitted by Steve Cavanaugh: steve@appleblossom.net

