Nona Manis



Count: 48 Wand: 1 Ebene: High Beginner

Choreograf/in: Hilda Foo (NZ) - February 2019

Musik: Oh Nona Manis - Richie Ricardo



Start on vocals (20 counts in)

Section A: Prissy Walks. Hold. Rocking Chair

1-4 Walk forward on right. Hold. Walk forward on left. Hold.

5-8 Forward rock on RF, recover on L, Rock back on RF, recover on L

Section B: Rumba box. Hold

1-4 Step RF to right, step LF besides R, step RF back. Hold5-8 Step LF to left, step RF besides L, step LF forward. Hold

Section C: ½ pivot turn left. Hold. Full turn right. Hold

1-4 Step RF forward, ½ pivot turn left, step RF forward. Hold

5-8 ½ turn step back on L, ½ turn step RF forward. Step LF forward. Hold

Section D: Side together cross, Hold. Side together forward. Hold

1-4 Step RF to right, step LF besides Right, Cross RF over L. Hold
5-8 Step LF to left, step RF besides L, Cross LF over R. Hold

Section E: ½ pivot turn left, shuffle forward. Full turn right, forward shuffle

123&4 Step RF forward, ½ pivot turn left, shuffle forward RLR

567&8 ½ turn stepping back on L, ½ turn step forward on R, Shuffle LRL

Section F: Step together. Step Side. Touch.

1-4 Step RF to R, step LF besides R, step RF to R, touch LF besides R

5-8 Mirror with LF

Tag 1 (16 cts) End of Wall 1

Step. Side touches (repeat 2x)

Step RF to right, touch LF besides R. Step LF to left, Touch RF besides L.
 Step RF to right, touch LF besides R. Step LF to left, touch RF besides L

Tag 2 (4 cts) End of Wall 2. Repeat 1st 4 counts of Tag 1

Tag 3 (4 cts) Wall 3 after 1st 40 counts.

1-4 Sway RLRL

Then Restart

This dance is dedicated to my dear sister, Lily Foo, forever sweet and loving.

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