

# Up Around the Bend

Count: 52

Wand: 2

Ebene: High Beginner

Choreograf/in: Sonja Hemmes (USA) - February 2019

Musik: Up Around the Bend - Creedence Clearwater Revival : (Album: Chronicle - The 20 Greatest Hits)



## Start on lyrics

### WALK, WALK, TRIPLE STEP, ROCK FORWARD, STEP BACK, HITCH

- 1-2 Step right forward, step left forward  
3&4 Step right forward, left forward behind right, right forward  
5-8 Rock left forward, step on right, step back on left, hitch right

### ROCK BACK, ROCK BACK, STEP FORWARD, HEEL SPLITS

- 1-4 Rock right back, step on left, rock right back, step on left  
5-8 Step forward right, left, split heel out, in

### HEEL HOOK, HEEL, TOE BACK, POINT FORWARD, POINT FORWARD

- 1-2 Touch right heel forward, hook right in front of left  
3-4 Touch right heel forward, touch right toe back  
5-6 Touch right toe to the right side, step right forward in front of left  
7-8 Touch left toe to left side, step left forward in front of right

### WEAVE RIGHT, JAZZ BOX TURNING 1/4 RIGHT

- 1-2 Step right to right side, step left behind right  
3-4 Step right to right side, step left in front of right  
5-8 Step right forward, step left back, step right forward turn 1/4 right, step on left

### ROCK FORWARD, TRIPLE 1/2, ROCK FORWARD, TRIPLE 1/2

- 1-2 Rock right forward, step on left  
3&4 Step on right turning 1/4 right, step left behind right, step right forward turn 1/4 right  
5-6 Rock left forward, step on right  
7&8 Step on left turning 1/4 left, step on right behind left, step left forward turn 1/4 left

### TOE STRUTS FORWARD, STEP DRAG, STEP DRAG

- 1-4 Step right toe forward, drop heel, step left toe forward, drop heel  
5-6 Step right forward diagonally, drag left forward, touch left next to right  
7-8 Step left forward diagonally, drag right forward, touch right next to left

### MONTEREY 1/4 RIGHT

- 1-2 Point right to right side, turn 1/4 right on balls of feet, step right next to left  
3-4 Point left to left side, step left next to right
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