

Push Push

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Eun Mi Lim (KOR) & S.E.A of love (KOR) - January 2019

Musik: Push Push - SISTAR (씨스타)



Intro: 32 Counts

(S1) Cross, Point, Back, Point, Walk Back R-L, 1/4Turn R Side, Point.

- 1-2 Cross R over L, Point L toe to left side with hip push left.
- 3-4 Step L behind R, Point R toe to right side with hip push right. *Restart
- 5-6 Walk back R-L (while rolling shoulder back R-L).
- 7-8 Turn 1/4R stepping R to right side (3:00), Point L to left side.

(S2) Cross, Hitch, Side with Hip Bumps, Together, Side, Behind Touch, 1/4Turn L Forward, 1/4Turn L Side.

- 1-2 Cross L over R, Hitch R Knee Forward.
- 3&4& Step R to right side with hip bump R-L-R, Step L beside R.
- 5-6 Step R to right side, Touch L behind R (Look shoulder R).
- 7-8 1/4Turn L stepping forward on L (12:00), 1/4Turn L stepping R to right side (9:00)

(S3) Rock Back/Recover, Forward Shuffle, Rock Forward/Recover, Back, Touch.

- 1-2 Rock back on L, Recover on R.
- 3&4 Step L forward, Step R next to L, Step L forward.
- 5-6 Rock forward on R, Recover on L.
- 7-8 Step back on R, Touch L toe forward.

(S4) Chest Bumps, Together with Hip Sway (L-R), Forward, 1/2Turn R, Forward, Point.

- 1&2 Bump chest forward-back-forward
- 3-4 Step L beside R with sway L, Sway R.
- 5-6 Step forward on L, Pivot 1/2turn right (weight on R) (3:00).
- 7-8 Step L forward, Point R to right side.

*1 Restart: on Wall 8 dance up to count 4, then restart facing 9:00.

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