

# Heart of Gold

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Lisa M. Johns-Grose (USA) & Gail A. Dawson (USA) - January 2019

Musik: Good As You - Kane Brown



## Intro – 16 Counts - No Tags or Restarts

### Night Club, Night Club, Night Club Turn $\frac{1}{4}$ , Full Turn (\* Option – Triple Forward)

- 1, 2& R step to R, L rock behind R, recover to R  
3, 4& L step to L, R rock behind L, recover to L  
5, 6& R step to R, L rock behind R, recover R turning  $\frac{1}{4}$  to L (9 o'clock)  
7&8 L step turning  $\frac{1}{2}$  to R, R step turning  $\frac{1}{2}$  to R, L step forward

**\*Option – L step forward, R step beside L, L step forward**

### Cross Rock, Recover, Cross Rock, Turn, Step, Sweep, Coaster Turn $\frac{1}{4}$

- 1, 2& R cross rock, recover to L, R step to R  
3, 4& L cross rock, recover to R, L step to L  
5, 6& R step cross over L turning  $\frac{1}{4}$  L (6 o'clock), L sweep forward, R step to R  
7&8 L step back turning  $\frac{1}{4}$  to L (3 o'clock), R step beside L, L step forward

### Rocking Chair, Triple Forward, Step, Turn $\frac{1}{2}$ , Step, Turn $\frac{1}{2}$

- 1&2& R rock forward, recover L, R rock back, recover L  
3&4 R step forward, L step beside R, R step forward  
5, 6 L step forward, pivot  $\frac{1}{2}$   
7, 8 L step forward, pivot  $\frac{1}{2}$

**\*Option – Rocking Chair**

### Cross Rock, Side Rock, Behind, Side, Cross, Rock, Recover, Behind, Side, Cross

- 1&2& L cross rock, recover to R, L rock to L, recover to R  
3&4 L step behind R, R step to R, L cross over R  
5, 6 R rock to R, recover to L  
7&8& R step behind L, L step to L, R cross rock, recover to L

### END After Wall 7

- 1, 2& R step to R, L rock behind R, recover to R  
3, 4& L step to L, R rock behind L, recover to L turning  $\frac{1}{4}$  R (12 o'clock)

### Contacts:-

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