

Down In My Heart

Count: 32

Wand: 2

Ebene: Intermediate

Choreograf/in: David Thomas (SCO) - January 2019

Musik: Joy by King and Country



#48 count intro

(&) R Lock, Side Side, R Touch Ball Cross, Side, Sailor ¼ L

- &1 Step fwd Right, lock Left behind Right
- 2,3 Step Right to side, step Left to side (shoulder width apart)
- 4&5 Touch Right beside Left, step down on ball of Right, cross step Left over Right
- 6 Step Right to side
- 7&8 Cross step Left behind Right, step Right to side, ¼ Left stepping Left fwd

(&) Rock Recover, Step Back, Side ¼ Right, Side ¼ Right, Sailor ½ Right, Cross Hold

- &1,2 Step fwd Right, Rock fwd Left, Recover back on Right
- 3 Step back on Left
- 4,5 Step Right to side ¼ turn Right, step Left to side ¼ turn Right
- 6&7 Cross Right behind Left, ½ turn Right stepping Left to side, cross Right over Left
- 8 Hold

Ball Cross, Side Rock Cross, Flick, Step Back, Heel Bounce ½ Right, Heel Twist ¼ Left

- &1 Step Left to side, Cross step Right over Left
- 2&3 Rock Left to side, recover on Right, cross step Left over Right
- 4,5 Flick Right foot to R diagonal, step Right foot back
- 6,7 Bounce both heels ¼ Right, bounce both heels ¼ Right (Right foot fwd)
- 8 Twist both heels Right making ¼ turn Left (Take weight on Left)

Right In Heel Toe Hitch, Point Right to side, Jazz Box ½ Right, Kick

- 1&2 Twist Right heel in, twist Right toe in, hitch Right leg
- 3 Point Right to side
- 4,5 Cross Right over Left, Step back on Left ¼ turn Right
- 6,7 Step fwd Right ¼ turn Right, step Left to side
- 8 Kick Right fwd

Ending – Wall 13

Replace Jazz Box ½ with a jazz box in place to finish facing front.