Rake It Up



Count: 32 Wand: 4 Ebene: High Beginner

Choreograf/in: Evan VanScoyk (USA) & Jake Wood - January 2019

Musik: Rake It Up (feat. Nicki Minaj) - Yo Gotti



STOMP LEAN & ROCK (RIGHT, LEFT), SLIDE BACK TOGETHER (RIGHT, LEFT)

1 2	R stomp forward (with R shoulder lean), R shoulder rock
3 4	L stomp forward (with L shoulder lean), L shoulder rock

5 6 R slide back, L together7 8 L slide back, R together

SUGAR FOOT STOMP (RIGHT, LEFT, RIGHT, LEFT)

1&2	Touch R toe next to L, turn R toe out & touch R heel next to L, stomp R forward
3&4	Touch L toe next to R, turn L toe out & touch L heel next to R, stomp L forward
5&6	Touch R toe next to L, turn R toe out & touch R heel next to L, stomp R forward
7&8	Touch L toe next to R, turn L toe out & touch L heel next to R, stomp L forward

HITCH & TURN, SHOULDER LEAN & ROCK (RIGHT, LEFT)

1&2	R hitch & turn ½ clockwise, step R down forward
ICXZ	T HILLI & LUH /2 CIUCKWISE. SLED T UUWH IUIWAHU

3&4 Shoulder lean and rock (facing ¼ left)

5&6 L hitch & turn ½ clockwise, step L down forward

7&8 Shoulder lean and rock (facing ¼ right)

STEP & SLIDE (RIGHT, LEFT), TOE-HEEL SWIVELS (OUT, IN)

1 2	Step R out to right, slide L together
3 4	Step L out to left, slide R together

Turn toes of both feet out, turn heels of both feet out. turn toes of both feet out

7&8 Bring toes of both feet in, bring both heels back to center, bring toes of both feet back to

center.

For questions or more dances find me on @EvanVChoreography on FB