All For You



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Feargal Keegan (IRE) - November 2018

Musik: All for You - Years & Years



Intro: 16 counts Tags: No – Restarts: 1

*Wall 4: Finish section 2:

*7&8 Cross R over L, step L to L side, cross R over L

*& Step L to L side *Start dance again

Section 1: R side rock, R cross shuffle, L step-3/4-side, R behind-side-cross (9:00)

1, 2 Rock R to R side, recover

3&4 Cross R over L, step L to L side, cross R over L

5&6 Step L forward, Turn 1/2 over R shoulder stepping R forward, Turn 1/4 over R shoulder

stepping L to L side

7&8 Step R behind L, Step L to L side, Cross R over L

Section 2: Side L, R sailor-heel and cross, Step R turn, Step L turn, R cross shuffle (3:00)

1 Step L to L side

2&3 Step R behind L, step L in place, heel R

&4 Step R down, cross L over R

5, 6 Turn 1/4 over L shoulder stepping R back, turn 1/4 over L shoulder stepping L to side

7&8 Cross R over L, step L to L side, cross R over L

Section 3: Side L, R cross-rock-side, L cross rock-side rock-cross, R side rock-cross (3:00)

1 Step L to L side

2&3 Cross rock R over L, recover, step R to R side4&5 Cross rock L over R, recover, rock L to L side

&6 Recover, Cross L over R

7&8 Rock R to R side, recover, cross R over L

Section 4: Jump out, hips, Jump back, hips, R sailor, L sailor (3:00)

&1 Jump forward LR

2 Hips

&3 Jump back LR

4 Hips

5&6 Step R behind L, step L in place, step R to R side 7&8 Step L behind R, step R in place, step L to L side

Contact: feargal.keegan@gmail.com