Desnudos



Count: 64 Wand: 4 Ebene: Intermediate

Choreograf/in: Arefen Ben Djunaed (INA) - November 2018

Musik: Quitémonos la Ropa - Dani J



Start Dancing after 32 counts vocal

Intro Dance (36 Counts)

il. Walk & Hold, Pivot, Turning Sweep

1-2 Step R forward – Hold3-4 Step L forward – Hold

5-6 Step R forward – Turn ½ left moving weight on L

7-8 turning ½ left stepping R back – Sweeping L from front to back

ill. Behind, Side, Cross & Sweeping, Cross, Side, Behind & Sweeping

1-2 Step L behind R – Step R side

3-4 Cross L over R – Sweep R from back to front

5-6 Cross R over L – Step L side

7-8 Step R behind L – Sweep L from front to back

iIII. Behind, Side, Cross Recover, Long Step, Cross Recover

1-2 Step L behind R – Step R side
3-4 Cross rock L over R – Recover on R
5-6 Long Step L to side – Drag R to L
7-8 Cross rock R over L – Recover on L

ilV. Long Step, Close, Body Wave, Shimmy

1-2 Long step R to side – Drag L to R

3-4 Close L to R – Hold

5-6 Body Wave

7-8 Shake your shoulders

Main Dance (64 Counts)

I. Basic Bachata Right, Triple Travelling Turn

1-2 Step R to side – Close L next to R3-4 Step R to side – Touch L beside R

5-6 Turn ¼ left stepping L forward – Turn ½ left stepping R back

Optional (Step L side – Close R next L)

7-8 Turn ½ left stepping L forward – Turn ½ left stepping R back

Optional (Step L side – Close R next to L)

II. Continue (Triple Travelling Turn), Touch, Syncopated Coaster Step Forward

1-2 Turn ¼ left stepping L side – Touch R beside L

Optional (Step L side – Touch R beside L)

3-4 Rock R diagonal – Recover on L (with torso roll)

5&6 Step R in place diagonal – Step L in place – Step R in place diagonal (with torso roll)

7-8 Step L forward – Close R next to L

III. Continue (Syncopated Coaster Step Forward), Flick, Syncopated Coaster Step, Lock Shuffle

1-2 Step L back – Flick R over L

3-4 Step R forward – Close L next to R

5-6 Step R back – Flick L over R

7&8 Step L forward – Lock R behind L – Step L forward

IV. Side Recover, Touch, Hold, Unwind, Shimmy

1-2 Rock R to side – Recover on L

3-4 Touch R over L – Hold

5-6 Turn ³/₄ left

7&8 Incline body slightly back and shaking your shoulders (body facing 03.00 head facing 12.00)

V. Basic Bachata, Cuban Break

1-2 Turn ¼ left stepping R side – Close L next to R

3-4 Step R side – Touch L

5&6& Cross rock L over R – Recover on R – Rock L side – Recover on R

7&8 Cross rock L over R – Recover on R – Step L side

VI. Rock Recover, Back Lock Shuffle, Rock Recover, Lock Shuffle

1-2 Rock R forward – Recover on L

3&4 Step R back – Lock L over R – Step R back

5-6 Rock L back – Recover on R

7&8 Step L forward – Lock R behind – Step L forward

VII. Side Recover, Triple Step (2x)

1-2 Rock R side – Recover on L (with sway)

3&4 Close R next to L – Step L in place – Step R in place

5-6 Rock L side – Recover on R (with sway)

7&8 Close L next to R – Step R in place – Step L in place

VIII. Pivot, Cross Rock Recover, Side Close, Body Wave, Shimmy

1-2 Step R forward – Turn 1/4 left moving weight on L

3-4 Cross rock R over L – Recover on L
5-6 Step R side – Close L next to R
7-8 Wave body – Tap both heel

Tag

TI. Do 1st Tag after 32 counts on wall 1

1-4 Turn ¼ left Stepping R long to side – Drag L
 5-8 Stomp L beside R – Hold – Wave body

TII. Do 2nd Tag after wall 5

1-2 Step R side – Step L behind R
3-4 Step R side – Touch L beside R
5-6 Step L side – Step R behind L
7-8 Step L side – Touch R beside L

Restart

Do Restart on wall 3 after 32 counts and wall 6 after 32 counts.

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