

Natural

Count: 32

Wand: 2

Ebene:

Choreograf/in: Raymond Sarlemijn (NL) & Pim van Grootel (NL) - November 2018

Musik: Natural - Imagine Dragons



Tag in wall 7

Walk walk, heel out, heel out, in, cross over, step right, flick, step left, swivels

- 1 rf forward
- 2 lf forward
- & rheel right
- 3 lheel left
- & rf step in
- 4 lf cross over rf
- & rf step right
- 5 lf flick back rf
- 6 lf left
- 7 swivel lheel left
- & swivel lheel middle
- 8 swivel lheel left

And kick $\frac{1}{8}$ right, step $\frac{1}{8}$ right, botafogo $\frac{1}{8}$ turnright, walk walk, sailor step $\frac{1}{4}$ turn

- & rf close lf
- 1 kick lf diagonal rf, turn $\frac{1}{8}$ rght
- 2 lf forward, $\frac{1}{8}$ turn right
- 3 rf cross forward lf
- & $\frac{1}{4}$ turn right, lf left
- 4 rf right
- 5 lf forward diagonal towards 1900
- 6 rf forward diagonal towards 1900
- 7 lf cross backwards rf
- & rf close lf
- 8 $\frac{1}{8}$ left, lf step left

Knee bounce $\frac{1}{4}$ turn, sissor step, sissor step $\frac{1}{8}$, $\frac{1}{2}$ turn right, slide touch

- 1 bounce both knees down
- & bounce both knees up turn $\frac{1}{8}$ right
- 2 bounce both knees down
- & bounce both knees up turn $\frac{1}{8}$ right, rf close lf
- 3 lf cross forward rf
- 4 rf right
- & lf close rf
- 5 $\frac{1}{8}$ left rf cross forward lf
- 6 $\frac{1}{4}$ right, lf step backward
- 7 $\frac{1}{8}$ right, rf right
- 8 lf touch rf

Ball change, walk, touch, swivel, ball change $\frac{1}{2}$ turn right, run, run, run

- & lf on spot
- 1 rf forward
- 2 lf forward
- 3 rf touch forward

& swivel both feet right
4 swivel both legs middle
& rf close lf
5 lf forward
6 ½ turn right, weight on rf
7 lf forward
& rf forward
8 lf forward

Tag: v step

1 rf diagonal right
2 lf diagonal left
3 rf middle
4 lf close rf
