

# Run Free

**COPPER** **NOB**  
BY STEPHEN

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Frank Heelan (IRE) - October 2018

Musik: The Animal Song - Savage Garden



**Intro: 16 counts.**

**Sec. 1: Walk, walk, shuffle, pivot ½, cross, side rock, recover.**

- 1-2 Walk forward, right, left.
- 3&4 Forward right, left together, forward right.
- 5-6 Step forward on left, pivot ½ right (Weight to right)
- 7&8 Cross left over right, rock right to right side, recover to left. (6.00)

**Sec. 2: Cross side sailor step, cross side sailor step.**

- 1-2 Cross right over left, step left to left.
- 3&4 Rock right behind, recover to left, right to right.
- 5-6 Cross left over right, step right to right.
- 7&8 Rock left behind, recover to right, left to left.

**Sec. 3: Rock recover, triple full turn, rock recover coaster step.**

- 1-2 Rock forward right recover to left.
- 3&4 Full triple turn right, stepping right, left, right.
- 5-6 Rock forward on left, recover to right.
- 7&8 Step back left, right together, forward right. (6.00)

**Sec. 4: Walk, walk, side rock recover step, rock recover, triple ¾ left.**

- 1-2 Walk forward right, left.
- 3&4 Rock right to right, recover to left, step forward right.
- 5-6 Rock forward left, recover right.
- 7&8 Triple ¾ turn left, stepping left, right, left ( 9.00)

**Restart wall 3 dance the first 16 counts and restart facing 12.00.**

Contact: [heelanjohnl@gmail.com](mailto:heelanjohnl@gmail.com)