

I'M All about that Bass...

COPPER KNOB
BY SHEETS

Count: 32

Wand: 4

Ebene: Easy Beginner

Choreograf/in: Val Saari (CAN) - October 2018

Musik: All About That Bass - Meghan Trainor



FORWARD HIP STRUTS X 2 (R,L), MAMBO R

- 1-2 Touch RF toes forward, Drop heel (bump hips R,L,R)
- 3-4 Touch LF toes forward, Drop heel (bump hips L,R,L)
- 5-6 Rock to right side on RF, Recover LF
- 7-8 Step RF beside L, hold

FORWARD HIP STRUTS X 2 (L,R), MAMBO L

- 1-2 Touch LF toes forward, Drop heel (bump hips L,R,L)
- 3-4 Touch RF toes forward, Drop heel (bump hips R,L,R)
- 5-6 Rock to left side on LF, Recover RF
- 7-8 Step LF beside R, hold

SHUFFLE BACK RLR, LRL PIVOT 1/4 L, R ROCKING CHAIR

- 1&2 Shuffle back RLR
- 3&4 Shuffle back LRL Pivot 1/4 L
- 5-6 Rock RF forward, Recover LF
- 7-8 Rock RF back, Recover LF

MAMBO RIGHT, MAMBO LEFT

- 1-4 RF Rock side right, LF recover, RF close together beside L & hold
- 5-8 LF Rock side left, RF recover, LF close together beside R & hold

REPEAT - No Tags, No Restarts

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