Already Alright

Count: 32

Ebene: Beginner

Choreograf/in: James Rice & Jackie Rice - October 2018

Musik: Already Alright - Yolanda Adams

[1-8] ROCKING CHAIR, 1/2 TURN WITH ROCKING MOTION

- 1-4 Rock forward right, recover left, rock back right, recover left
- 5-8 1/8 turns left, Rocking onto Right, Rocking onto Left, Rocking onto Right, Rocking onto Left

[9-16] ROCKING CHAIR, 1/2 TURN WITH ROCKING MOTION

- Rock forward right, recover left, rock back right, recover left 1-4
- 5-8 1/8 turns left, Rocking onto Right, Rocking onto Left, Rocking onto Right, Rocking onto Left

[17-24] CROSS ROCKS WITH TRIPLE STEPS IN PLACE

- 1-4 Rock Right across ILeft, recover Left, triple step in place (RLR)
- 5-8 Rock Left across Right, recover Right, triple step in place (LRL)

[25-32] BACK SLIDES, 2 1/8 TURNS LEFT

- Step back at diagonal on Right, slide Left toward Right (with no weight on Left) 1-2
- 3-4 Step back at diagonal on Left, slide Right toward Left (with no weight on Right)
- 5-8 1/4 turn Left, while Rocking back and forth between Right, Left, Right, Left

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