

Caught up in the Country

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Julie Snailham (ES) - September 2018

Musik: Caught up in the Country – Rodney Atkins



Intro: 16 counts

S1: Step R, hold, ball side rock recover, cross shuffle, step touch

- 1-2 Step R to R side, hold
- &3-4 Step L next to R, rock out to R side, recover weight to L
- 5&6 Cross R over L, step L to L side, cross R over L
- 7-8 Step L to L side, touch R toe next to L

S2: Side behind, ¼ turn R, step brush, step forward touch, step back R, step L to R

- 1-2 Step R to R side, step L behind R
- 3-4 Turning ¼ R step forward on R, brush L forward
- 5-6 Step forward on L, touch R behind L
- 7-8 Step back on R, step L next to R

S3: Side together, shuffle forward, side together, shuffle back

- 1-2 Step R to R side, step L to R
- 3&4 Shuffle forward stepping RLR
- 5-6 Step L to L side, bring R to L
- 7&8 Shuffle back stepping LRL

Restart here on Wall 8

S4: Rock back recover, shuffle half turn, rock back recover, shuffle forward

- 1-2 Rock back R, recover on L
- 3&4 Make ½ shuffle turn L stepping RLR
- 5-6 Rock back L, recover on R
- 7&8 Make ½ shuffle forward, stepping LRL

Tag – End of Wall 6 and during Wall 8 Tag after 24 count and Restart (both tags danced facing 12.00)

#16 Count Tag – Dance the following steps twice

- 1-2 R heel dig (x2)
- &3-4 Place R next to L, L heel dig (x2)
- &5&6 Place L next to R, R heel dig, place R next to L, L heel dig
- &7-8 Place L next to R, touch R toe next to L, hold

Live, Love, Dance

Contact: snailham56@yahoo.co.uk

Last Update - 28th Sept. 2018