

# Phur (Fly)

Count: 68

Wand: 1

Ebene: High Improver

Choreograf/in: Joran van der Noll (NL) & Erica van der Noll - September 2018

Musik: "Phur" by Anu Ringlug (Tibetan song)



Info: Starts after 32 counts.

## (S1) SIDE ROCK, BEHIND, SIDE, CROSS, SIDE ROCK, COASTER STEP

1-2 RF side, LF replace weight  
3&4 RF behind, LF side, RF cross  
5-6 LF side, RF replace weight  
7&8 LF step back, RF together, LF step forward

## (S2) WALKS, PIVOT TURN, WALKS, PIVOT TURN

1-2 RF step forward, LF step forward  
3-4 RF step forward, 1/2 turn L (weight on LF)  
5-6 RF step forward, LF step forward,  
7-8 RF step forward, 1/2 turn L (weight on LF)

## (S3) CHARLESTON STEP, VINE, TOUCH

1-2 RF touch toe forward, RF step back  
3-4 LF touch toe back, LF step forward  
5-6 RF side, LF behind  
7-8 RF side, LF touch toe beside RF

## (S4) CHARLESTON STEP, VINE, TOUCH

1-2 LF touch toe forward, LF step back  
3-4 RF touch toe back, RF step forward  
5-6 LF side, RF behind  
7-8 LF side, RF touch toe beside LF

## (S5) SIDE ROCK, ROCK STEP, SWEEP STEPS BACK

1-2& RF step side, LF replace weight, RF next to LF  
3-4& LF step side, RF replace weight, LF next to RF  
5-6 RF step forw., LF replace weight.  
7-8 RF sweep and step back , LF sweep and step back

## (S6) SWEEP STEP BACK, KNEE POPS, SWEEP STEPS BACK, KNEE POPS, KICK-BALL-STEP

1&2 RF sweep and step back , LF push knee forw. 2x  
3-4 LF sweep and step back , RF sweep and step back  
5&6 LF sweep and step back , RF push knee forw. 2x  
7&8 RF kick, RF together on ball, LF step forward

## (S7) 1/4 TURN L SIDE, TOGETHER, SIDE, TOGETHER, ROCK STEP, COASTER STEP

1-2 RF 1/4 turn L and side, LF together  
3-4 RF side, LF together  
5-6 RF step forw., LF replace weight  
7&8 RF step back, LF together, RF step forw.

## (S8) ROCK STEP, COASTER STEP, JAZZ BOX 1/4 TURN

1-2 LF step forward, RF replace weight  
3&4 LF step back, RF together, LF step forward

5-6 RF cross, LF step back  
7&8 RF 1/4 turn R side, LF step forw.

**(S9) JAZZ BOX**

1-2 RF cross, LF step back  
3-4 RF side, LF cross

**RESTARTS:**

**Wall 3: (S4) after count 8**

**Wall 4: (S8) after count 8**

**Wall 5: (S4) after count 8 add a Jazzbox before restart**

1-2 RF cross, LF step back  
3-4 RF side, LF step forward

**TAG (2cnt): After wall 6**

**SIDE ROCK STEP**

1-2 RF side, LF replace weight

**Enjoy!!!**

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