

R.E.S.P.E.C.T AB

Count: 48

Wand: 1

Ebene: AB / Beginner

Choreograf/in: Annemaree Sleeth (AUS) - August 2018

Musik: Respect - Aretha Franklin : (Album:Soul Queen - Length 2.27)



Intro: 16 Count Start On "Ooh "

Sec 1: Walk Forward, Touch, Walk Back, Touch

- 1 – 2 Step Left Forward, Step Right Forward
- 3 – 4 Step Left Forward, Touch Right Side Look Over Right Shoulder
- 5 – 6 Step Right Back, Step Left Back
- 7 – 8 Step Right Back, Touch Left Side Right Look Over Left Shoulder

Sec 2: Walk Forward, Touch, Walk Back, Together

- 1 – 2 Step Left Forward, Step Right Forward
- 3 – 4 Step Left Forward, Touch Right Side Look Over Right Shoulder
- 5 – 6 Step Right Back, Step Left Back
- 7 – 8 Step Right Back, Step Left Together

Sec 3: Side, Slide, Together, Clap, Side, Slide, Touch, Clap

- 1 – 2 Step Right Side Bending Knees, Slide Left To Right Shimmy Shoulders
- 3 – 4 Step Left Together, Clap Both Hands Together (Wgt Left)
- 5 – 6 Step Right Side Bending Knees, Slide Left To Right Shimmy Shoulders
- 7 – 8 Touch Left Together, Clap Both Hands Together (Wgt Right)

Optional Styling : Shimmying Shoulders On Counts 1-2 & 5-6 Both Sections 3 And 4

Sec 4: Side Behind, Side, Cross, Side, Recover Cross,

- 1 – 2 Stepping Left Side, Cross Right Behind Left
- 3 – 4 Step Left Side, Cross Right Over Left
- 5 – 6 Rock Left Side, Recover Right
- 7 – 8 Cross Left Over Right, Hold

Instructor Notes On AB dances I don't use the Restart

Optional Restart During The Instrumental Dance 32 Counts change last step to be on right

Wall 4 To Stay On Phrase We Restart And Change The Count 8 To A Right Together (Wgt Right)

Sec 5: Side Behind, Side, Cross, Side, Recover, Cross,

- 1 – 2 Step Right Side, Cross Left Behind Right
- 3 – 4 Step Right Side, Cross Left Over Right
- 5 – 6 Rock Right Side, Recover Left
- 7 – 8 Cross Right Over Left, Hold

*****Make It 2 Walls Do This Will

Make It Beginner Dance and Restart

Sec 5: Side, Behind, ¼R, ¼R Hitch, Side, Behind, Side, Together (Vine Together)

- 1 – 2 Stepping Right Side, Cross Left Behind Right
- 3 – 4 Turn ¼ Right Step Right Forward, ¼ Right Hitching Left PIVOT ON R
- 5 – 6 Step Left Side, Cross Right Behind,
- 7 – 8 Step Left Side, Step Right Beside Left

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Last Update – 23rd Sept. 2018