

# My Open Heart

**COPPER KNOB**  
BY STEPHEN METZ

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Belén Márquez (ES) - June 2018

Musik: My Heart Is Open - Keith Urban



**Intro: 32 COUNTS**

## **JAZZ BOX, ROCKING CHAIR**

- 1-2 Cross right over left, step left back
- 3-4 Step right side, step left forward
- 5-6 Rock right forward, recover
- 7-8 Rock right back, recover

## **CHASSE RIGHT, SWAY X 2, CHASSE LEFT, TURN ¼ LEFT AND SWAY X 2**

- 1&2 Step right side, step left together, step right side
- 3-4 Sway left, sway right
- 5&6 Step left side, step right together, step left side
- 7-8 Turn ¼ left and sway right, sway left

## **TURN ¼ LEFT AND ROCK, RECOVER, CROSS SHUFFLE, ROCK, RECOVER, CROSS SHUFFLE**

- 1-2 Turn ¼ left and rock right side, recover
- 3&4 Cross right over left, step left behind right, cross right over left
- 5-6 Rock left side, recover
- 7&8 Cross left over right, step right behind left, cross right over left

## **TURN ¼ LEFT, STEP BACK, COASTER STEP, SHUFFLE FORWARD, FULL TURN FORWARD**

- 1-2 Turn ¼ left and step right back, step left back
- 3&4 Step right back, step left together, step right forward
- 5&6 Step left forward, step right together, step left forward
- 7&8 Turn ½ left and step right back, turn ½ left and step left forward

**REPEAT**

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