

Bailemos

Count: 64

Wand: 4

Ebene: Easy Intermediate

Choreograf/in: Stina-Eliza Sild - August 2018

Musik: CNCO, Little Mix - Reggaeton Lento



Intro - 10 sec. Start with word SEE

R mambo fwd, L mambo back, cross side behind, hitch L , L lockstep fwd

- 1&2 rock R forward, recover on L, step R back
- 3&4 rock L back, recover on R, step L forward
- 5&6 cross R over L, step L to left side, cross R behind L
- & hitch L up to 1:30
- 7&8 step L forward, lock R behind L, step R forward (1:30)

R pivot 1/2, R lockstep, touch L, 1/4 turn L, R coasterstep

- 1,2 step R forward, turn 1/2 left 7:30
- 3&4 step R forward, lock L behind R, step R forward
- 5 touch L next to R 7:30
- 6 drop heel with 1/4 turn left (weight onto left)
- 7&8 step back on R, step L next to R, step R forward

Cross side behind side, L cross rock, , cross side behind side, R cross rock

- 1&2& cross L over R, step R to right side, step L behind R, step to right side
- 3,4 & cross rock L over R, recover on R, step L next to R
- 5&6& cross R over L, step L to left side, step R behind L, step L to left side
- 7,8 cross rock R over L, recover on L

R shuffle, L rock fwd, L slide back, R slide back

- 1&2 step R forward, step L next to R, step R forward
- 3,4 rock forward L, recover on R
- 5,6 big step back on L, drag R towards L
- 7,8 big step back on R, drag L towards R (step onto left)

Sway R+L, R cross samba, L cross samba, pivot 1/2 left

- 1 step R to right side and sway hip to the right
- 2 sway L hip to the left
- 3&4 cross/step R over L, step L to left side, recover weight onto R (samba step)
- 5&6 cross/step L over R, step R right side, recover weight onto L (samba step)
- 7,8 step R forward, turn 1/2 left

R rocking chair, pivot 1/2 left, R rocking chair, side rock touch

- 1&2& rock forward R, recover on L, rock back R, recover on L
- 3,4 step R forward, turn 1/2 left
- 5&6& rock forward R, recover on L, rock back R, recover on L
- 7&8 rock R side, recover on L, touch R next to L

Step R side, step L side, R shuffle, full turn right

- 1,2 step R to right side, little bodyroll with pushing hands down by your side
- 3,4 step L to left side, little bodyroll with pushing hands down by your side
- 5&6 step R forward, step L next to R, step R forward
- 7,8 step fwd L as you make full spiral turn right (weight ends L)

R rock forward, R coasterstep, L rock forward, L coasterstep
1,2 rock forward R, recover on L (with hip sway)
3&4 step R back, step L next to R, step R forward
5,6 rock forward L, recover on R (with hip sway)
7&8 step L back, step R next to L, step L forward

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