

Ahead of Myself

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Kirsteen Currie (UK) - August 2018

Musik: Ahead of Myself - Jamie Lawson



Intro: 16 count

Restart: wall 2 - dance the first 8 counts and restart the dance **

Walk, walk, anchor step, 3/4 turn left, behind, side, cross

- 1-2 Walk forward right, Walk forward left
- 3&4 Step right behind left, Step left in place, Step right back
- 5-6 1/2 turn left Stepping left forward, 1/4 turn left Stepping right to side
- 7&8 Step left behind right, Step right to right side, cross left over right **

Touch out, in, Step, behind, 1/4 turn right, Step forward, Step 1/2 turn left, full turn shuffle

- 1&2 Touch right toe out, touch right toe beside left, step right to right side
- 3&4 Step left behind right, 1/4 turn right Stepping right forward, Step left forward
- 5-6 Step forward right, 1/2 turn left
- 7&8 Full turn shuffle left travelling forward Stepping right, left, right

(Easy option: right shuffle forward)

Mambo forward, coaster step, cross, back, chasse

- &1&2 Step left next to right, rock forward on right, recover on left, step right next to left
- 3&4 Step back on left, step right next to left, step forward on left
- 5-6 Cross right over left, step back on left
- 7&8 Step right to right side, Step left next to right, Step right to right side

Rock, recover, 3/4 turn shuffle, side rock & side rock

- 1-2 Rock forward left, recover on right
 - 3&4 *3/4 turn shuffle left Stepping left, right, left
 - 5-6& Rock right to right side, recover on left, step right next to left
 - 7-8& Rock left to left side, recover on right, Step left next to right
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