

La Copa

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Angels Guix (ES) & Enric Nonell (ES) - June 2018

Musik: Dame (Radio Edit) - Fly Project : (Single)



Intro: 16 counts.

Tag: The song has a 4 counts silence after 1st and 5th repetition. Add a cross rocking chair with LF, then go on with the following repetition.

[1-8] Cross rock step, shuffle, cross rock step, ¼ turn right shuffle

- 1,2 Cross rock LF over RF, recover on RF
- 3&4 Step LF to left, step RF together, step LF to left
- 5,6 Cross rock RF over LF, recover on LF
- 7&8 Step RF to right, step LF together, ¼ turn right and step RF forward

[9-16] ½ turn right walking around (LF,RF,LF,RF), side step cross x2

- 1-4 1/8 turn right and step LF forward, 1/8 turn right and step RF forward, 1/8 turn right and step LF forward, 1/8 turn right and step RF forward.
- 5&6 Step on ball of LF to left, step RF in place, cross LF over RF
- 7&8 Step on ball of RF to right, step LF in place, cross RF over LF

[17-24] Touch step x2, jazz box

- 1,2 Tap on ball of LF to left diagonal forward, step LF in place
- 3,4 Tap on ball of RF to right diagonal forward, step RF in place
- 5-8 Cross LF over RF, step RF backward, step LF to left, cross RF over LF

[25-32] Weave, cross rock step, three step turn right

- 1,2,3 Step LF to left, step RF behind, step LF to left
- 4,5 Cross rock RF over LF, recover on LF
- 6 ¼ turn right and step RF forward
- 7 ½ turn right and step LF backward
- 8 ¼ turn right and step RF to right

Start again

TAG: There's a 4 counts silence in the music after 1st and 5th repetition. Add the following movement in the silence then go on with the next repetition...

- 1-4 CROSS ROCKING CHAIR with LF
- 1,2 Cross rock LF over RF, recover on RF
- 3,4 Rock LF to left, recover on RF

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