

Rock The Beat

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Nathan Gardiner (SCO) - June 2018

Musik: 21st Century Girl - Willow



Intro: 16 counts

Walk Forward R & L, R Lock Step, Rock Forward, Recover, Full Turn L

- 1-2 Step forward on R, Step forward on L
- 3&4 Step forward on R, Lock L behind R, Step forward on R
- 5-6 Rock forward on L, Recover on R
- 7-8 $\frac{1}{2}$ L stepping forward on L, $\frac{1}{2}$ L stepping back on R

Sailor Step L & R, Behind, $\frac{1}{4}$ R, Step Pivot $\frac{3}{4}$ R

- 1&2 Step L behind R, Step R to R side, Step L to L side
- 3&4 Step R behind R, Step L to L side, Step R to R side
- 5-6 Step L behind R, $\frac{1}{4}$ R stepping forward on R
- 7-8 Step forward on L, Pivot $\frac{3}{4}$ R

Side L, Together, Forward, R Lock Step, Rock Forward, Recover, Coaster Cross

- 1-2-3 Step L to L side, Step R next to L, Step forward on L
- 4&5 Step forward on R, Lock L behind R, Step forward on R
- 6-7 Rock forward on L, Recover on R
- 8&1 Step back on L, Step R next to L, Cross L over R

Monterey $\frac{1}{2}$ R, Monterey $\frac{1}{4}$ L, Step Pivot $\frac{1}{2}$ L, Point

- 2-3 Point R to R side, $\frac{1}{2}$ R stepping R next to L
- 4-5 Point L to L side, $\frac{1}{4}$ L stepping L next to R
- 6-7 Step forward on R, Pivot $\frac{1}{2}$ L
- 8 Point R to R side

Tag: End of wall 1

Cross, Point, Cross, Point, Jazz Box Cross

- 1-2 Cross R over L, Point L to L side
- 3-4 Cross L over R, Point R to R side
- 5-6 Cross R over L, Step back on L
- 7-8 Step R to R side, Cross L over R

Point, Cross, Point, Cross, Sway R, L, R, L

- 1-2 Point R to R side, Cross R over L
- 3-4 Point L to L side, Cross L over R
- 5-6 Step R to R side swaying hips to R side, Sway hips to L side
- 7-8 Sway hips to R side, Sway hips to L side

Contact: nathan.gardiner1998@hotmail.co.uk