

Shades On

Count: 32

Wand: 2

Ebene: Easy Beginner

Choreograf/in: Heather Hendershot (CAN) - June 2018

Musik: Shades On - The Vamps



Walk forward RLR, kick forward with L, Walk back LRL, touch R

1-4 Walk forward R, L, R, Kick your left foot forward

5-8 Walk back L,R,L Touch your right toe next to your L foot

Vine Right, Vine Left with ¼ turn

1-4 Step out R to R side, L foot behind R, out with R, touch left foot next to R

5-8 Step out L to L side, R foot behind L, out with L making a ¼ turn to L, touch R next to L

Large Step R, Touch L, Hip Shake, Large Step L, Touch R, Hip Shake

1-2 Take a large step forward at a diagonal with R foot, bring L together and touch

3&4 Shake/ roll hips

5-6 Take large step forward at a diagonal with L foot, bring R together and touch

7&8 Shake/ roll hips

Vine Right, Vine Left with ¼ turn

1-4 Step out R to R side, L foot behind R, out with R, touch left foot next to R

5-8 Step out L to L side, R foot behind L, out with L making a ¼ turn to L, touch R next to L

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